

# EXTRACURRICULAR ACTIVITIES 2023/2024





# INDEX

01

## SPORTS SCHOOL

Basketball, Football, Tennis, Judo, Multisport, Roller Skating

02

## AQUATIC ACTIVITIES

WAVE® Swimming, AquaFamily, Competitive Swimming, Artistic Swimming, WSR (Waterpolo, Surf, Rescue), One to One, Free Swimming, Fitness & Water

03

## DANCE AND GYMNASTICS SCHOOL

Dance, Jazz, Dance Initiation, Cheerleaders, Artistic Gymnastics, Rhythmic Gymnastics, Hip Hop, Tik Tok Dance

04

## WORKSHOPS

Chess, Drawing Workshop, Theatre, Healthy Cooking, Crochet and Create, Art Workshop, Magic, Positive Fashion Club World, Experimental Science, Educational Entrepreneurship, Podcast and Radio

05

## MUSIC SCHOOL

Instrument Lessons, Musical Theory, Orchestra, Music Production

06

## TECNOLOGY AND ROBOTICS

Kindergarten - Primary - Secondary Robotics, Competitive Robotics

07

## LANGUAGES AND TUTORING

Languages and Tutoring, Speech Therapy and Reeducation, Kumon

# General Rules

**Inscriptions:** Can be sent in from the 24th of July 2023 onward both online through the online campus (accessible at [www.lamiranda.eu](http://www.lamiranda.eu)) as well as, from September on, at the school's reception (water activities via swimming pool reception). For all new inscriptions it will be necessary to receive validation from the extracurriculars team, which will confirm them based on the occupancy rate of the activities.

**Calendar:** Extracurricular activities will begin from September 18th onward (except for aquatic activities, that will start on September 6th). Activities shall take place in parallel with curricular activities until the **last day of the school year** (included). Some activities will begin on the 2nd of October, as mentioned in their respective sections. In case of holidays and/or vacations, extracurricular sessions **will not be made up for** (school calendar will be available at all times on the school's website).

**Cancellations:** Cancellations can be processed monthly, coming into effect on the first day of the month thereafter. In order to be correctly processed, cancellations will have to be notified to the extracurricular team via email **before the 20th of the month prior** to the effective cancellation of the inscription to the activity. With any contrary procedure, the respective fees will not be refundable. Partial month cancellations will not be processed.

**Limited availability:** The groups initially presented below will have limited availability. The maximum number of students per group will vary depending on the activity.

**Minimum occupancy:** The group activities in this programme will be able to take place if the group is at least of **5 students**, except for entrepreneurship activities, which require 7, positive fashion, which requires 15, orchestra, which requires 10, arabic, which requires 4 and podcast and radio, which requires 3. In case the minimum number of students is not reached in an activity, alternative options for the same schedule can be discussed with the extracurricular team.

**Pricing:** The prices of each activity are indicated in their corresponding sections. In case of combining two or more activities, the monthly fee will be reduced by 5€ per activity for the first two and each additional activity will have its price reduced by 7.5€. For general activities, this reduction will be doubled. Activities excluded from these price reductions are water activities, languages and tutoring, speech therapy and reeducation, music activities, podcast & radio and Kumon. September's monthly fee will be half the usual amount for activities starting on the 18th of that month.

**Tryouts:** It will be possible to try out **one** session of any **group** activity before formalising its inscription. Nevertheless, if the inscription is afterwards confirmed, **the session will be accounted for in the first payment**. If after the first session no inscription is made, said session will be free of charge. To organise a tryout, it will be necessary to write an email to [beyond@lamiranda.eu](mailto:beyond@lamiranda.eu) to settle on a date.



## Other indications:

- Students from kindergarten, 1st and 2nd of Primary will be picked up by a teacher or supervisor from their classroom a few minutes before the start of the activity and will be accompanied to the extracurricular. The rest of the students who might need it will be shown where to go on their first day.
- Communications about events or incidents related to the extracurricular activities will be made through the school app/online campus.
- The days in which meteorological conditions prevent normal development of outdoor activities, they might relocate to different spaces. In case of any doubts, the location of each activity can be asked about at the school entrance.
- The scheduling proposed in this document is subject to modifications depending on the families' needs.

**Contact:** For any doubt or enquiry referred to extracurricular activities, the extracurricular coordination team can be contacted at:

**Glen Albó, Juan Carlos Lomeña, Oscar Lemos** – [beyond@lamiranda.eu](mailto:beyond@lamiranda.eu)

To ask about specific activities, it is possible to directly contact the following members of our team:

Aquatic Activities:

**Dani Martínez** – [pool@lamiranda.eu](mailto:pool@lamiranda.eu)

Music School:

**Alba Domènech** – [music@lamiranda.eu](mailto:music@lamiranda.eu)

Kumon:

**Cristina Fontanals** – [kumon@lamiranda.eu](mailto:kumon@lamiranda.eu)

Speech therapy and reeducation:

**Marta Pérez** – [martaperez@lamiranda.eu](mailto:martaperez@lamiranda.eu)



# SPORTS SCHOOL

---

Basketball, Football, Tennis, Judo,  
Multisport, Roller Skating



# Basketball

Group sport aimed at students 5 to 12 years old in which we will develop physical skills and qualities through exercises, gameplay and games. Our main objectives are to create a healthy habit of regular physical activity through a fun and well-rounded sport and to teach school values like respecting peers, responsibility or teamwork.

Students will achieve these goals by progressively working on the basic techniques of this sport like dribbling, passing or shooting. They will also learn about this sport's rules and strategies in order to develop both skills and knowledge on basketball.

Required material: comfortable sports clothes and shoes.

**Basketball Competition:** The CEBLLOB League consists of playing 2 phases during the year. During these phases, a match will be played each week. On weeks with no matches, there will be an extra practice session instead.

Matches will be played on Saturday mornings. Registration to the league is optional, and requires a one-time annual enrolment fee to cover the necessary formalities (registration, insurance, referee expenses ...).

Participating in the basketball competition requires a team uniform, which can be purchased through the school's online store. Basketball practice and competition take place on different days and are counted as two separate general activities, each with the same price.

---

<b>Monday</b>	· 17:15h to 18:15h ·	<b>P5 - Primary Year 2</b>
<b>Wednesday</b>	· 17:15h to 18:15h ·	<b>Primary Year 3 to MYP2</b>
<b>Thursday</b>	· 17:15h to 18:15h ·	<b>Primary Year 3 to MYP2</b>
<b>Friday (practice)</b>	· 17:15h to 18:15h ·	<b>League (Primary &amp; MYP2)</b>
<b>Saturday (matches)</b>	· Mornings ·	<b>League (Primary &amp; MYP2)</b>

**Monthly price of the activities**

**42€ \***

\*General activity, more information in the pricing section of the general rules (page 04).

\*\*Annual enrolment fee of 68€ for basketball league. The cost of the team uniform is 47€.

# Football

Group sport aimed at students 3 to 14 years old, structured in various levels based on age. We have two main objectives that we work on at all levels:

- To take advantage of the benefits of regular physical activity, in order to create healthy habits.
- To teach La Miranda's core values through teamwork and respect towards teammates and opponents.

**Football initiation (P2 and P3):** The goal of this activity is to initiate students to the practice of a variety of psychomotor experiences where the student, the ball and having fun are the protagonists. These experiences will be achieved through circuits, gameplay and games.

**Pre-Football (P4-P5):** With this activity we will initiate the students to the practice of different fun situations involving movement with and without a ball. Through these situations students will develop observation abilities, creativity, coordination and balance. They will also develop their technical abilities by initiation to aspects such as handling, passing and shooting. In addition, they will acquire knowledge on basic football rules and will experience them in friendly matches against other schools or organizations.

**Primary and Secondary football:** From first of Primary onward students will have the option of being part of five-a-side football that will be competing in a school league at their corresponding level. There will be one training session and one match a week. In the training sessions, technical and tactical aspects of the sport will be progressively worked on, and virtues such as diligence, companionship, respect, fair play... will be put into practice.



**Football competition:** On Friday afternoons matches from the Esplugues de Llobregat Five-a-Side Football School League will be played against other nearby schools and organizations. The matches will be played either at La Miranda or at nearby schools or organizations, in one of two possible time slots. Inscription to the league is optional, and will require an annual enrolment fee to cover the necessary procedures (registration, insurance, referee expenses...).

Required material: comfortable sports clothes and indoor or turf futsal shoes. For football competition, school clothing, which can be acquired through the online store, is also required.

The practice sessions and football competition take place on different days and count as two different general activities, with the same price.

---

<b>Monday</b>	· 17:00h to 18:00h ·	<b>P4, P5</b>
	· 17:15h to 18:15h ·	<b>Primary Year 5, 6, MYP2</b>
<b>Tuesday</b>	· 17:15h to 18:15h ·	<b>Primary Year 1, 2</b>
<b>Wednesday</b>	· 17:00h to 18:00h ·	<b>P4, P5</b>
<b>Thursday</b>	· 17:00h to 18:00h ·	<b>P2, P3</b>
	· 17:15h to 18:15h ·	<b>Primary Year 3, 4</b>
<b>Friday</b>	· 17:30h to 18:30h ·	<b>Football League (Primary and MYP)</b>
	· 18:30h to 19:30h ·	<b>Football League (Primary and MYP)</b>

**Monthly price of the activities**

**42€ \***

\*General activity, more information in the pricing section of the general rules (page 04).

\*\*Annual enrolment fee of 68€ for football league. The cost of the team clothing is 47€.

# Tennis

The tennis initiation activity is designed for students between 4 and 7 years old. The main objectives of the sessions are to encourage participation, coordination and above all having fun. Groups are formed based on the age and level of the players. Considering that it may be their first guided sports experience, we propose games and activities with the goal of improving basic motor skills while students grow and develop and become familiar with racket sports in a playful, welcoming, and entertaining way, while always promoting the values of tennis such as discipline, fellowship and fair play.

Required material: comfortable sports clothes and shoes

**Tuesday** · 17:00h to 18:00h ·

**P4, P5**

**Thursday** · 17:00h to 18:00h ·

**Primary Year 1, 2**

**Monthly price of the activities**

**53€**

\* In collaboration with:



ClubTennis  
**EL MOLÍ**





# Judo

Judo is a martial art of Japanese origin based on defeating an opponent through the use of grappling and throwing techniques. The main objectives we set for this activity are:

- To convey to our students the virtues that this martial art encompasses, such as respect, perseverance and discipline.
- To contribute to all-around psychomotor development and the creation of healthy life habits for our students.

At younger ages, we will focus on developing the fundamental skills and psychomotor abilities for the practice of this martial art, like for example falling, pushing, tractioning, grappling and rising. At older ages, we will progressively increase the complexity of the routines and exercises to learn judo technique in more detail while achieving deeper knowledge of the rules of this martial art.

Students training two or more days a week will have the option of participating in a series of competitions throughout the school year which will take place on weekends, on which information will be sent out progressively as soon as it becomes available.

\*Required material: Judo kimono

---

<b>Monday</b>	· 17:00h to 18:00h · <b>Primary 3 to MYP3 (Expert)</b> / 18:00h to 19:00h · <b>(Expert)</b>
<b>Tuesday</b>	· 17:00h to 18:00h · <b>P4 to Primary 2 (Beginner)</b> / 18:00h to 19:00h <b>(Expert)</b>
<b>Wednesday</b>	· 17:00h to 18:00h · <b>Primary 1, 2 (Advanced)</b> / 18:00h to 19:00h · <b>(Expert)</b>
<b>Thursday</b>	· 17:00h to 18:00h · <b>P4 to P5 (Initiation)</b> / 18:00h to 19:00h · <b>(Expert)</b>
<b>Friday</b>	· 17:00h to 18:00h · <b>Primary 1 to 6 (Competition)</b> / 18:00h to 19:00h <b>(Expert)</b>

**Monthly price of the activities**

**42€ \***

\* General activity, more information in the pricing section of the general rules (page 04).

\*\*Annual enrolment fee of 68€ for participation in competitions. The cost per competition day (on weekends) is 16€.

# Multisport

Sports activity aimed at students aged 2 to 3 years old in which we will work on 4 main areas: motor expressivity, games, dramatization and motor experimentation. The main objectives we will work on will be:

- To practice physical activity on a regular basis so the student can benefit from the advantages of said practice.
- To teach school values such as respecting peers, responsibility and teamwork through the practice of different sports and gameplays.

We will use psychomotor exercises adapted to sports material such as balls or rackets to develop the skills fundamental for the practice of sport. The main goal at this level is for the students to engage in regular physical activity and create a good psychomotor base to favor future more specialised practice of sport.

Required material: comfortable sports clothes and shoes

---

**Monday**

· 17:00h to 18:00h ·

**P2, P3**

**Monthly price of the activities**

**42€ \***

\*General activity, more information in the pricing section of the general rules (page 04).



# Roller Skating

Roller skating is a physical and leisure activity which is both healthy and fun. It enables a large improvement in coordination, balance and concentration. Our students will practice these abilities through different routines and acrobatics on roller skates. On two different days, both of the most common types of roller skating will be practiced: artistic skating and inline skating. We will contribute to creating a healthy habit of regular engagement in physical activity and we will work on values such as collaboration, perseverance and respect.

Required material: Roller skates (artistic or inline depending on the session).

---

<b>Tuesday</b> (inline)	· 17:15h to 18:15h ·	<b>P5, PRIMARY</b>
<b>Thursday</b> (artistic)	· 17:15h to 18:15h ·	<b>P5, PRIMARY</b>

<b>Monthly price of the activities</b>	<b>42€ *</b>
--	--------------

\* General activity, more information in the pricing section of the general rules (page 04).





# AQUATIC ACTIVITIES

## **WAVE**<sup>®</sup>-Swimming

---

Fun and effective sequences of progressions in all skills of the aquatic environment. By focusing on each of the different activities, we achieve the best version of each of our students.

WAVE<sup>®</sup> Swimming, AquaFamily, Competitive Swimming, Artistic Swimming, WSR (Waterpolo, Surf, Rescue)/New, One to One, Free Swimming, Fitness & Water/New



# WAVE® Swimming

## Every day, for all ages

**P3 to P5:** Aquatic psychomotor activities are carried out with the goal of having students with well-rounded motor abilities. The sessions are based on exercises and progressions in which the student acquires an extraordinary motor base, fundamental for life and future technification in different sports, including swimming.

**Primary, ESO and Bachillerato:** Students will train all swimming strokes and much more. With a method created and designed to offer students a well-rounded motor foundation (jumps, turns, slides, propulsions, dives, etc.), offering a variety of motor experiences and lots of fun. The sessions will offer a myriad of positive translations to other sports and skills (swimming as the basis of all sports), always prioritizing constant improvement of swimming stroke technique.



<b>Monday</b>	· 10:45h to 11:30h ·	<b>P3, P4, P5</b>
	· 17:00h to 17:55h ·	<b>P3, P4, P5</b>
	· 17:00h to 17:55h ·	<b>PRIMARY</b>
	· 17:00h to 17:55h ·	<b>ESO, BACH</b>
<b>Tuesday</b>	· 12:00h to 13:00h ·	<b>PRIMARY YEAR 1 TO 3</b>
	· 17:00h to 17:55h ·	<b>P3, P4, P5</b>
	· 17:00h to 17:55h ·	<b>PRIMARY</b>
<b>Wednesday</b>	· 17:00h to 17:55h ·	<b>P2, P3, P4, P5</b>
	· 17:00h to 17:55h ·	<b>PRIMARY</b>
	· 17:00h to 17:55h ·	<b>ESO, BACH</b>
<b>Thursday</b>	· 08:00h to 08:50h ·	<b>P3, P4, P5, PRIMARY</b>
	· 17:00h to 17:55h ·	<b>P3, P4, P5, PRIMARY</b>
<b>Friday</b>	· 13:00h to 14:00h ·	<b>PRIMARY YEAR 4 TO 6</b>
	· 16:45h to 17:30h ·	<b>P3, P4, P5, PRIMARY</b>

\* In collaboration with:



**Monthly price of the activities**

**65€ \***

\* For 2 days of activity the price is 97,5€



# AquaFamily

## Good autonomy minimises accidents

**P0 to P2:** Early aquatic autonomy with family (total autonomy at age 2). Training in the pool, preferably together with dad or mum, allows us to accelerate the phases of adaptation to the aquatic medium and bring out childrens' full potential through methodological sessions based on progression of the medium's basic skills.

**P3 to P5:** Autonomy with family, for all those students who have not yet had enough experiences to enjoy the aquatic medium with safety and fun.

---

<b>Wednesday</b>	· 17:00h a 17:45h ·	<b>P0 to P5</b>
<b>Thursday</b>	· 17:00h a 17:45h ·	<b>P0 to P5</b>
<b>Friday</b>	· 16:45h a 17:30h ·	<b>P0 to P5</b>



<b>Monthly price of the activities</b>	<b>65€</b>
--	------------

## Competitive swimming

### Educational competition

**P5 to Year 6°:** Students will be introduced to the competitive world in a fun way and with commitment to themselves. From making an effort in practice sessions to being able to enjoy a real competition, not only in the race, but also in the work day after day. Improving their technique in swimming strokes, starts, turns and physical capacities such as strength and endurance among others. Includes the experience of 5 annual competitions in swimming clubs. CN Barceloneta, CN Sant Andreu, among others.

---

<b>Monday</b>	· 17:45h to 18:50h ·	<b>P5 to Year 6</b>
<b>Wednesday</b>	· 17:45h to 18:50h ·	<b>P5 to Year 6</b>



<b>Monthly price of the activities</b>	<b>65€</b>
--	------------

\*Annual enrolment fee of approx 30€ for participation and payment of licenses for swimming competitions throughout the school year.

\*\*Students may stay at the childcare service (P5 to Y3) or at the library (Y4 to Y6) from the end of the school day until the start of the activity with no extra charge.

# Artistic Swimming

## Synchronising learnings

**P5 and Primary:** Initiation and technification, work on rules, values, competition and necessary physical condition to be able to enjoy this wonderful sport.

**Monday** · 17:00h to 17:55h · **P5, PRIMARY**

**Monthly price of the activities** **65€**



## WSR (Waterpolo, Surf, Rescue) <sup>NEW</sup>

**Primary, ESO, Bachillerato:** Multidisciplinary training throughout the school year focused on 3 main disciplines and sports. Achieving well-rounded students with transversal skills useful for life.

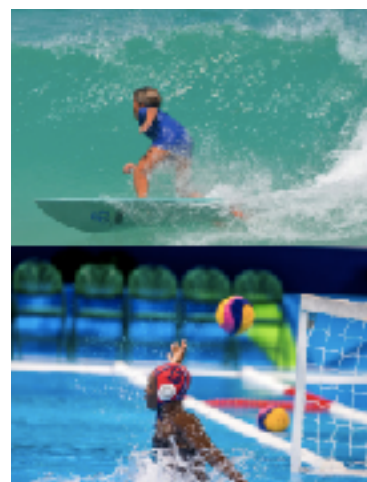
**Waterpolo:** Initiation, technification and training. Learning rules and technique; working on physical shape to be able to have the required physical skills.

**Surf:** Land and water practice to acquire the adaptations and necessary skills to be able to enjoy surfing at the beach.

**Rescue:** Practical learning of different techniques and rescue and first aid situations.

**Thursday** · 17:00h to 17:55h · **PRIMARY, ESO, BACH**

**Monthly price of the activities** **65€**



# One to one

## Personal trainer

**All ages:** Ideal activity to get the most out of each of its sessions. Completely individualised planning and training for each and every need and goal.

\*one to two (2 students one coach)

\*\*one to three (3 students one coach)

---

Monthly price of the activities	to be enquired about
---------------------------------	----------------------

# Free Swimming

## Whenever and however you want

**ESO, Bachillerato, friends and family:** Free activity, where you will be able to enjoy free lanes to train your swimming or simply to improve your health.

The scheduling of this activity must be discussed with the staff.

---

Monthly price of the activities	25€
---------------------------------	-----



# Fitness&Water <sup>NEW</sup>

Bring out the best version of yourself

**ESO, Bachillerato, family and friends:** Activity focused on improving physical condition, training on land and water with our coaches. Bring out the best version of yourself.

\*Schedules subject to at least 3 inscriptions

---

<b>Monday to Thursday</b>	· 08:00h a 09:00h ·	<b>ESO, BACH, Adults</b>
	· 14:00h a 15:00h ·	<b>ESO, BACH, Adults</b>
	· 18:00h a 19:00h ·	<b>ESO, BACH, Adults</b>

**Monthly price of the activities**      **65€**







# DANCE AND GYMNASTICS SCHOOL

---

Dance, Jazz, Dance Initiation, Cheerleaders,  
Artistic Gymnastics, Rhythmic Gymnastics,  
Hip Hop, Tik Tok Dance

# Dance

In this activity we will work on the fundamentals of dance, which will later serve as groundwork for any other more specific style. Dance is an artistic discipline that allows us to express feelings and communicate emotions. We will develop the necessary sensitivity for our feelings to flow with complete freedom. Our partners at the Dansa Menchu Durán school have created a method to learn to dance and empower corporal expression through the perfect balance between technique and fun.

Required material: Dance suit and skirt (can be obtained on the school's online shop).

---

**Thursday**

· 17:00h to 18:00h ·

**P4 - P5**

**Monthly price of the activities**

**63€**

\* In collaboration with:

**DANSA  
MENCHU  
DURAN.**  
EXPLOTA TU MEJOR VERSIÓN





# Jazz

The house special! Lively classes where we combine the technique of classical ballet with the rhythm and swing of jazz and contemporary music. Our discipline uses classical ballet and pure corporal expression techniques. Jazz is fun, and which is reflected in its dance with unexpected and sudden rhythm changes, even leaving room for improvisation. Energy and elegance combine to give way to commercial choreographies danced with style, always with our seal.

This fusion between classical jazz discipline and current dance elements is freer and more expressive than purer styles. The performed movements will be more fluid.

Required material: Dance suit and shorts (can be obtained on the school's online shop).

---

**Tuesday** · 17:00h to 18:00h · **Primary Year 1 to 2**

**Thursday** · 17:00h to 18:00h · **Primary Year 3 to 4**

<b>Monthly price of the activities</b>	<b>63€</b>
--	------------

\* In collaboration with:



# Dance Initiation

Discovering dance! Together with our partners from the Menchu Durán dance school, we will introduce dance at the age of 3 using music to educate rhythm and coordination. We will become conscious of our own body, discovering that we have arms, legs, a head, hips... and we will learn to coordinate them through dance. We will perform creative movements using adapted choreographies and our youngest will have the experience of moving their bodies creating dance. We will use exercises both from classical ballet as well as psychomotor activities, adapted to dance.

Required material: Dance suit and skirt (can be obtained on the school's online shop)

**Wednesday**

· 17:00h to 18:00h ·

**P3**

**Monthly price of the activities**

**63€**

\* In collaboration with:



# Cheerleaders

After several years teaching cheerleaders to the smallest of La Miranda, this coming academic year we are launching a new extracurricular as a continuation of all the work carried out with an approach that is more oriented towards the professional world of entertainment which we are a part of and to which many of our present students aspire. A new approach, a new way of relating to the world of dance, of growing as a dancer and having the opportunity to become part of our prestigious team of Junior Cheerleaders from Futbol Club Barcelona: Dream Cheers Juniors. Throughout more than 20 years we have managed to make all our dancers grow and perfect their skills, and they in turn have managed to elevate their potential and self-demand thanks to the specific and totally customized training they have received. We refer to our most professionally recognized values: Effort, Discipline, Perseverance, Constant search for talent, Continuous innovation... Our dancers are set apart by their own particular and recognized style of dance within the world as of professional Dance Teams, the Dream Cheers Style. FC Barcelona, NBA, NFL, ACB, EUROLEAGUE, FEB and many more are their usual stages where we can see our great choreographic repertoire. Learning to dance under the direction of the team's Head Coach, hand in hand with its members, is an opportunity that we offer to our students from La Miranda. Our selected team of professionals will know how to take you to another level of self-demand, offering you the necessary tools to achieve your goals: to be a better dancer, to make the most of your best side with our exclusive working method. Now you can start the path to fulfill your dream if what you are looking for is to become a Dream Cheer, or if your dream is to become a dancer in the sports field.

**Wednesday** · 17:00h a 18:15h · **Year 5 to MYP3**

**Monday and Wednesday** · 17:00h a 18:15h · **Year 5 to MYP3**

**Monthly price of the activities**      **75€ \* + 100€ outfit and pom poms**



\* In collaboration with:



\*Price per weekly session. If two cheerleaders sessions are combined, they will both be considered general activities, more information in the pricing section of the general rules (page 04).

# Artistic Gymnastics

The artistic gymnastics extracurricular activity is an attractive proposal to expand the range of activities related to gymnastic, expressive and creative skills and to bring the practice and values of this sport closer to our La Miranda students. The main objective is to become acquainted with and learn this beautiful sports discipline, which is complete, balanced and healthy, through gymnastic skills such as acrobatics, rhythm, balance, expressiveness, strength and flexibility and within a disciplinary framework through which, in addition to learning, they will also improve their psychomotor conditions while acquiring greater knowledge of physical control of their own body in sports in a totally safe way and in a familiar and welcoming environment. In this activity, basic artistic gymnastics exercises will be learned by the students throughout the school year, with the goal of executing them with the proper technique thanks to guidance by professional teachers part of Dream Cheers Academy by La Miranda.

**Tuesday**

· 17:00h to 18:15h ·

**Primary Year 3 to 6**

**Monthly price of the activities**

**70€**

\* In collaboration with:

**ACADEMY**  
*Dream Cheers*



# Rhythmic Gymnastics

Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, flexibility and the use of various devices such as ropes, hoops, balls, clubs and ribbons. It is an activity where children will learn to communicate with their bodies and express their emotions through artistic movements and surprising choreographies to the rhythm of music, with the aim of learning to respect all components and encouraging teamwork, learning about the pieces of equipment and basic exercises of each one of them, promoting body coordination and acquiring a series of foundational motor skills through different exercises and knowledge of one's own body: segments, laterality, balance...

**Monday**

· 17:00h to 18:15h ·

**P5 to Primary Year 2**

**Monthly price of the activities 70€**

\* In collaboration with:

**ACADEMY**  
*Dream Cheers*



# Hip Hop

The goal of this activity is to get to know urban dance from a technical perspective with which students will be able to learn this dance style from the ground up while having fun and improving all their psychomotor and artistic skills.

Following Dream Cheers Academy's distinctive work discipline, our students will delve into urban culture becoming familiar with all the variations of this exciting dance style.

Innovation, energy and a lot of dynamism are the basic components of the urban style that our students will discover.

Required material: outfit for the end of year performance

---

**Friday**

· 17:00h to 18:15h ·

**Primary Year 1 to 6**

**Monthly price of the activities**

**70€ + 70€ outfit**

\* In collaboration with:

**ACADEMY**  
*Dream Cheers*





# Tik Tok Dance

The Tik Tok dance activity is especially designed to learn how to dance different dance styles following the latest Tik Tok trends, under our recognized discipline of teamwork, our students will be able to enjoy themselves while developing their psychomotor and artistic skills.

It is a mixed activity in which, beyond the latest trends, we will work on guiding each student in bringing out their most creative side by learning to create their own choreographies to share with their families with our mythical dream cheers from the FC Barcelona.

If you like creating your own tik toks and having fun while learning original choreographies, you will undoubtedly love this activity.

We look forward to dancing together!

Required material: outfit for the end of year performance

**Tuesday**

· 17:00h a 18:15h ·

**Primary Year 3 to 6**

**Monthly price of the activities**

**70€ + 70€ outfit**

\* In collaboration with:

**ACADEMY**  
*Dream Cheers*





# WORKSHOPS

---

Chess, Drawing Workshop, Theatre, Healthy Cooking, Crochet and Create, Art Workshop, Magic, Positive Fashion Club World, Experimental Science, Educational Entrepreneurship, Podcast and Radio

# Chess

Through the chess activity we will contribute to the creation of good mental habits and teach decision-making and planning skills. We will help our students improve their efficiency while studying and we will stimulate key cognitive and emotional areas for their intellectual development. In addition to playing chess, we will do activities to teach this game's rules and strategies, and we will practice virtues like respect, perseverance and companionship.

Required material: The activity's book, included in the monthly price of the activity.

---

**Wednesday**

· 17:00 to 18:00h ·

**P4 - P5**

**Wednesday**

· 17:00 to 18:00h ·

**PRIMARY**

\* In collaboration with:



**Monthly price of the activities**

**42€**

# Drawing Workshop

In the Drawing Workshop activity, we will get inspired by artists from different periods to show our most artistic and creative side. We will perform different kinds of drawings and crafts that will allow us to express our feelings while improving our artistic abilities. We will work on values like respect, creativity and companionship in a fun and stimulating environment.

---

<b>Monday</b>	· 17:00h to 18:00h ·	<b>P3 to Primary</b>
<b>Thursday</b>	· 17:00h to 18:00h ·	<b>P3 to Primary</b>

<b>Monthly price of the activities</b>	<b>42€ *</b>
--	--------------

\* General activity, more information in the pricing section of the general rules (page 04).



# Art Workshop

Art helps children to develop new skills, gives them a voice beyond words, encourages innovation, boosts self- confidence and facilitates bonding. The purpose of this workshop is to provide children with a creative space in which they are encouraged to explore freely, **with English as the vehicular language**.

A course of materials will be provided and children supported in their use, as well as being encouraged to explore their own ideas, follow their instinct and discover their own individualism. The main goal is to achieve personal growth through artistic experimentation, while also producing artwork with strength. The workshop will include painting, drawing, collage/mixed media, clay and print making.

---

**Tuesday**

· 17:00h to 18:00h ·

**P4 to Primary Year 3**

**Monthly price of the activities**

**53€**





# Theatre

Theatre is one of the most complete ways to promote the full development of a student since it is based on movement, words, creativity and spontaneity. In our dramatic expression activities, children are the protagonists and, together with the theatre pedagogue, build their own learning in a creative and playful way.

It is well known that theatre has multiple benefits so we have listed just a few of those that students will be able to enjoy in our sessions with specialized teachers.

- They will acquire greater confidence in themselves and in their artistic and personal criteria.
- They will increase intellectual performance, attention/concentration, memory capacity, communication and comprehension skills.
- Their self-empowerment regarding their body and the expression of their personality will grow, overcoming shyness and blockages.
- They will improve teamwork and respect for diversity.
- They will exercise habits of emotional health and physical discipline, improving their overall state.
- They will practice empathy and listening to themselves and others.
- They will discover and put into practice their creative, imaginative and expressive abilities working on sensitivity and awareness.

Required material: non-slip socks and comfortable clothing

**Monday**

· 17:00 to 18:00h ·

**P3 to P5**

**Wednesday**

· 17:00 to 18:00h ·

**Primary Year 1 to 3**

**Monthly price of the activities**

**64€**

**Starting in October**

\* In collaboration with:



# Healthy Cooking

Through our own method we promote learning about healthy cooking and nutritional education, and we achieve our educational objective thanks to our cooking programs and interactive workshops. Our teachers are specialists in healthy eating.

Every week we propose the preparation of a recipe with a series of ingredients chosen by our team of nutritionists. We explore the ingredients and we locate them in the Harvard healthy eating plate, we talk about ingredients and their properties and through the instructions to prepare the recipe we allow our students to learn about their properties. To end the session, we clean up and leave the kitchen space clean and tidy. Students can choose between trying the recipe or taking it home to share with their family.

All families will receive a password to download the recipes for each week on the activity's website [www.mygranchef.com](http://www.mygranchef.com).

**Monday** · 17:00h to 18:00h · **Primary Year 1 to 3 and 4 to 6**

**Thursday** · 17:00h to 18:00h · **P3 a P5**

**Monthly price of the activities**

**105€ + 26€ enrolment**

**Starting in October**

\* In collaboration with:

*MyGranChef*

**NOODLES CON POLLO Y  
VERDURAS**



**POLLO CON PISTO.**



**PA DE SANT JORDI.**



# Crochet and Create

The Crochet and Create activity is a practical and creative workshop to learn different textile crafts. In the activity's sessions we will try to flee from the frenetic speed that surrounds us and allow ourselves to flow through the feelings, the textures, the colors and the details. We will enjoy what we do from our inspiration, fun and creativity. The activity is designed for children to begin to work with different fibers and textiles such as wool, cotton threads or cloths, applying different traditional techniques such as crocheting, knitting, the loom, sewing, embroidering... favoring a greater knowledge of the artisanal world of textile.

It is an artistic expression activity and the objective is to promote participants' creativity and autonomy by playing with the creative process of a piece from scratch. They will enjoy themselves while we work on aspects as foundational as rigor, patience, logical and mathematic concepts, fine motor skills, group cohesion, teamwork, responsibility and the consolidation of basic cognitive processes in the development of children. The classes are designed for an individualized guidance of the student, respecting their development, needs and curiosity when creating.

---

**Tuesday**

· 17:00 to 18:00h ·

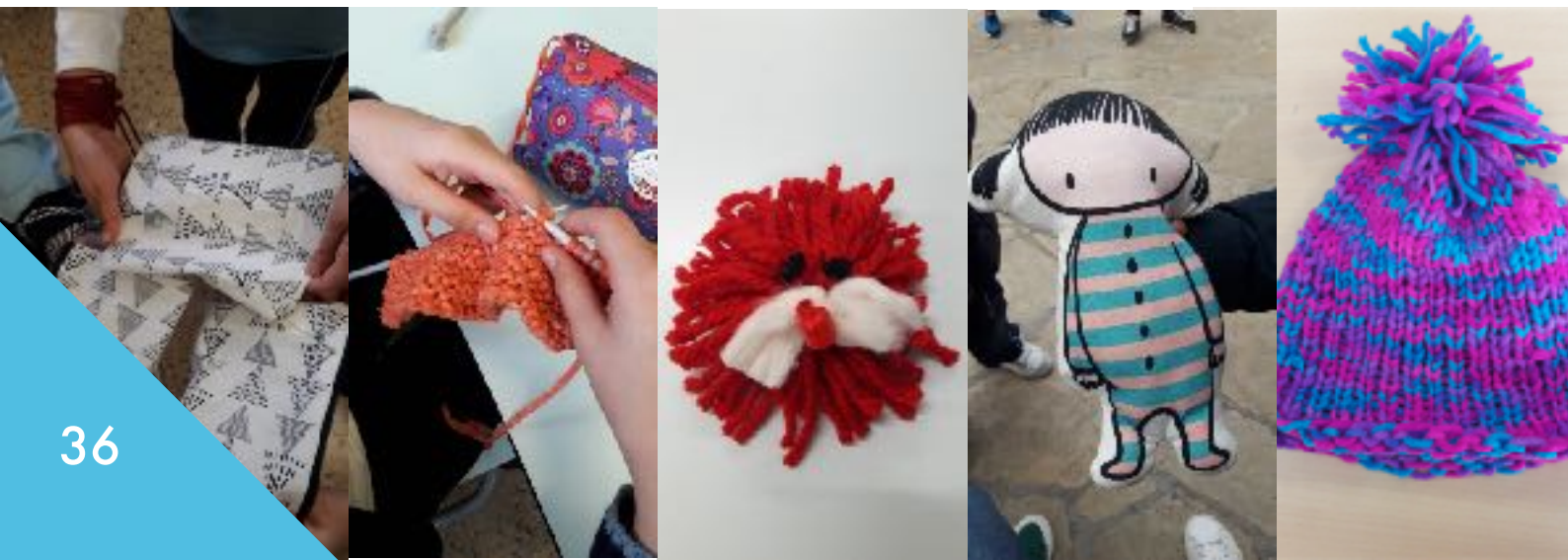
**Primary Year 2 to MYP3**

\* In collaboration with:

**Katia**

**Monthly price of the activities**

**47€**



# Magic

The goal of this activity is for the group to have a good time while learning amazing magic tricks with small objects that they themselves will have to create.

Learning magic is so much more than simple magic "tricks"; it also includes all the staging, rehearsals and presentation in front of an audience.

During the school year we will work on different theatrical, magical and juggling techniques, so that students will have enough resources to forget about their shame and fear and face an audience, establishing better interpersonal relationships and overcoming shyness, while working on their dexterity and agility with their fingers and all the motor skills of their body.

The course aims to be a fun moment of the week in which children can learn secrets about magic but also other concepts related to curricular subjects, since through magic we can learn about mathematics or history, for example.

---

**Thursday**

· 17:00 to 18:00h ·

**Primary Year 1 to 6**

**Monthly price of the activities**

**58€**

\* In collaboration with:





# Positive Fashion Club World

We offer an extracurricular course that combines sessions full of fun and hands-on experiences with sessions focused on manual activities in which sustainability concepts are explored and applied by the participating students. With the guidance of two specialized workshop leaders in each session, the children will enjoy getting to know the world of the Club's characters, learning about textile materials, their properties, carbon footprints and other concepts, explored through play and creativity. We encourage critical thinking, the search for solutions and action more sustainable habits. The manual sessions will integrate these concepts by developing sewing projects by hand and with sowing machines. Each project will adapt to each child's rhythm. Students will discover stitches and vocabulary related to sewing, they will be able to acquire knowledge that will help them create their own designs, revalue garments and reuse materials. Some projects will be guided and others will have a more free nature. They will learn sustainable techniques such as upcycling, patchwork or "visible mending".

**Wednesday**

· 17:00 to 18:00h ·

**Year 4 to Year 6**

**Monthly price of the activities**

**80€**

**Starting in October**

\* In collaboration with:





# Experimental Science

The goal of our Experimental Science course is for students to be active participants, to experience exciting moments, and to learn in a fun and hands-on way. Our methodology promotes teamwork, respect, and cooperation, while aiming to convey a renovated view of science. In this course, we use a simple yet powerful approach: we learn through exploration, play, and the courageous art of making mistakes. Here lies the key to nurturing resilient and confident scientific minds. We foster active participation by the students, encouraging them to ask questions, develop hypotheses, and conduct their own investigations. We want them to feel empowered and realize that they too can do science. Additionally, we promote teamwork. Imagine these little scientists venturing into a world full of thrilling discoveries, where there are no wrong answers, only learning opportunities. We provide a safe and encouraging space for them to explore, make mistakes, and learn from them without feeling frustrated.

**Tuesday**

· 17:00 to 18:00h ·

**Year 1 to Year 4**

**Monthly price of the activities**

**60€**

**Starting in October**

\* In collaboration with:



# Educational Entrepreneurship

Activity based on Design Thinking Methodology where students aged from 6 to 12 (Primary Education) develop their leadership and key life skills to face the challenges of a technological world.

From creativity to organization, problem solving and communication: participants will experience the challenges of executing an innovative project in uncertain environments, developing their self-confidence and resilience.

What will they do?

- Develop emotional and social skills through games and fun activities.
- Enhance their entrepreneurial and leadership skills, such as creativity and decision-making.
- Create innovative projects related to small businesses, technology, sustainability and solidarity.
- The program includes Design Thinking methodology, collaborative work and problem solving.

---

**Wednesday**

· 17:00 to 18:00h ·

**Year 1 to Year 6**

<b>Monthly price of the activities</b>	<b>70€</b>
--	------------

**Starting in October**

\* In collaboration with:



# Podcast and radio

The podcast and radio activity offers students the opportunity to learn more about the creation of entertaining and quality content. Host and writer for "Les Gates", a program on Icat FM within Catalunya Ràdio, Bruno de Fabriziis teaches this extracurricular in which all of the aspects involved in the production of a podcast will be worked on; script, diction, recording, soundbites, theme music... with the goal of being able to produce a weekly podcast starting in the second term and distribute it on the most popular platforms.

Students will develop their creativity, independence and problem-solving skills while they discover the world of audio content creation.

The activity will be taught in small groups of 3-5 students in the school's radio studio.

---

**Tuesday**

· 17:00 to 18:00h ·

**MYP2 - 2nd Bachillerato**

*Further schedule options may be proposed upon demand*

## Monthly price of the activities\*

3 students	92.5€
4 students	81€
5 students	69.5€

\*In addition to the monthly fee, this activity has an annual 50€ enrolment fee





# MUSIC SCHOOL

---

Instrument Lessons, Musical Theory,  
Orchestra, Music Production

# Instrument Lessons

In individual **piano, guitar, violin, viola, cello, drums, oboe, classical singing and modern singing** lessons we will put musical concepts in practice. We will learn to read progressively more complex music scores and to know how to locate the correct sounds, with the right technique, on the instrument. We will discover new kinds of music and repertoires, improve our sound production through exercises on controlling technique and posture and we will understand the qualities of sound and its musical dynamics. All of this will allow us to gain interpretative quality and will grant us the capacity to master more and more complex pieces.

Playing or singing duos and improvisations with our teacher will nudge us toward the production of our own melodies, which will be richer and more beautiful every time. We will also prepare our body and mind for the end of the year performances and the Liceu official exams in the case of all Primary Year 1 and 2 students (more information in the Liceu Project section on our website), and also at later stages for those students who follow the Liceu Project from Primary Year 3 onward.

To request a scheduling proposal please contact [music@lamiranda.eu](mailto:music@lamiranda.eu) indicating the instrument you are interested in and possible days of the week and times. Sessions will be individual, although sessions in small groups may be considered in some cases. The availability of other instruments can also be inquired about through this same email address.

Required material: one's own instrument (except for piano, singing and drums)

---

**Piano, Guitar, Violin, Viola, Cello, Drums**

**ALL AGES**

**Oboe, Singing**

**Primary, MYP, BACC**

<b>Monthly price per each weekly half hour</b>	<b>86,5€</b>
<b>Price for pack of weekly half hour together with one weekly hour of musical theory</b>	<b>118€</b>

\*Enrolment fee for those students who participate in the Liceu Project of 42€ for Primary Years 1-2, 200€ for Primary Years 3-5 and 230€ for Primary Year 6

\*\*For sessions in small groups, the prices mentioned in the "Languages and Tutoring" section would apply.

\* In collaboration with:





# Musical Theory

In the Musical Theory activity children will gain deeper theoretical knowledge of music, through activities like musical dictation, auditions, musical reading or rhythm exercises. We offer group sessions for Primary Years 3 to 6, aimed mainly at those students following the program from the Liceu Project, for whom these sessions are compulsory. More information about the collaboration between La Miranda and the Liceu Conservatory can be found on the Liceu Project section of our website.

Moreover, depending on the availability of our teachers it will be possible to organise individual sessions or group sessions for other ages. In case of interest, [music@lamiranda.eu](mailto:music@lamiranda.eu) must be contacted to confirm available options.

---

<b>Monday</b>	· 17:00h to 18:00h ·	<b>Primary Year 3</b>
<b>Tuesday</b>	· 14:00h to 15:00h ·	<b>Primary Year 4</b>
	· 17:00h to 18:30h ·	<b>Primary Year 6*</b>
<b>Wednesday</b>	· 12:30h to 13:30h ·	<b>Primary Year 3</b>
<b>Thursday</b>	· 14:00h to 15:00h ·	<b>Primary Year 5</b>

**Monthly price of the activities**

**58€ / 87€\***

\*Price for 90 minute sessions

\* In collaboration with:



# Orchestra

When the experience of music is shared, it grows exponentially: it is more enriching, more fun, more beautiful and much more motivating.

The orchestra activity is a project whose goal is to create this shared musical experience to work on deeper musical aspects and foster greater motivation in students.

There will be two different orchestras: one for guitars and one for bowed instruments (violin, viola, cello)

The orchestra activity is aimed at students starting from the Basic 3 level, which are also doing guitar or bowed instrument lessons. Each student will contribute in accordance with their age and knowledge, working always with the group and with sights set on being able to perform in front of a large audience.

The project is also open to students in the Basic 2 level provided that the teachers consider that they can fit in with the group work dynamics.

---

**Monday** · 17:00h to 18:00h ·

**Guitar**

**Monday** · 17:00h to 18:00h ·

**Violin, Viola, Cello**

**Monthly price of the activities**

**58€**



# Music Production

Bizarrap, Pharell Williams, Dr. Dre, Diplo... we are in the era of music producers, and no longer are lengthy studies nor enormous investments necessary to be able to produce music; technological advances have brought the creation and recording of songs to anyone. Just with an iPad or computer it is already possible to obtain professional quality and distribute songs on main platforms such as Spotify or ItunesMusic, or also prepare DJ sets and mixes of a high level.

This extracurricular will work on:

- Music composing
- Recording techniques
- Mixing i mastering
- Distribution on the main musical platforms

The activity will make use of students' iPads with the Logic Pro app, which will be provided to participants by the school.

---

**Thursday**

· 17:00h to 18:00h ·

**Primary 4-6, MYP, BACH**

<b>Monthly price of the activities</b>
--

<b>63€</b>
------------



# TECNOLOGY AND ROBOTICS

---

Kindergarten - Primary - Secondary Robotics,  
Competitive Robotics

# Kindergarten Robotics

In this activity, P3 to P5 students will learn to create sequences of instructions, interpret sequences of instructions to anticipate the behaviour of a robot, know and use basic programming constructs and start teamwork.

**Materials used:** BeeBots, Codemonkey, Robot Turtle and Bits&Bytes.

---

**Wednesday**

· 17:00h to 18:00h ·

**P3 to P5**

**Starting in October**

\* In collaboration with:

**<PLAYCODE>**  
Academy

**Monthly price of the activities**

**67€**



# Primary Robotics

**Year 1 to Year 3:** Students will learn using motors and sensors. They will use block-based visual programming languages, 3D design and will learn to work in teams under different roles.

**Materials used:** Scratch, LEGO, WeDo, TinkerCad, Makey Makey, 3D Pen, Drone, Edison, Micro:bit.

**Year 4 to Year 6:** Students will develop their own programming projects, create videogames, use different block programming languages, identify code errors, solve medium-complexity programming challenges, build and program simple robots, program controller boards, design in 3D, publicly present their ideas and creations.

**Materials used:** Scratch, Gamefroot, LEGO, WeDo, TinkerCad, Makey Makey, Pen 3D, Codrone, Micro: Bit, Edison and Open Roberta.

---

<b>Monday</b>	· 17:00h to 18:30h ·	<b>Year 1 to Year 3</b>
<b>Tuesday</b>	· 17:00h to 18:30h ·	<b>Year 4 to Year 6</b>

Starting in October

\* In collaboration with:

**<PLAYCODE >**  
Academy

**Monthly price of the activities**

**87€**



# Robotics Secondary

**MYP2 to MYP5:** Students will use programming abstractions, build and program autonomous robots of medium complexity, program with text languages, work in teams, design in 3D and communicate ideas and projects. They will solve problems and propose solutions independently and as a team.

**Materials used:** Python, HTML, CSS, Arduino, SketchUp, Codrone, App Inventor, BlocksCAD, Python with Micro: Bit and Edison, CodeVR.

---

**Wednesday**

· 17:00h to 18:30h ·

**MYP2 to MYP5**

**Starting in October**

\* In collaboration with:

**<PLAYCODE>**  
Academy

**Monthly price of the activities**

**87€**

# Competitive Robotics

In the Competitive Robotics activity, students will prepare to participate in robotics contests and thus apply their knowledge about the subject to different challenges. At the same time, they will encounter and learn from alternative approaches to solve the same challenges and experience the values of competition.

One of the competitions where students will participate is the First Lego League, whose first phase takes place in February-March. The First Lego League is an international robotics competition based on building and programming robots using pieces of Lego. These robots must be able to solve specific challenges in the most efficient way possible. In the First Lego League training sessions, we will practice these challenges (which change every year) to prepare for the competition, and through it our students will improve their skills in mechanics, programming and organisation while they work on values such as cooperation, respect and perseverance. Moreover, they will have to prepare a scientific project on the theme of the year's edition, which will have to be presented to a jury by the team of participants.

Another competition for which we will prepare for will be the World Robot Olympiad, an international competition whose local phase takes place in June. Depending on the participants' age, there are different categories that determine the materials that can be used and rules to be followed. In this case, the challenges have random elements that are determined at the competition and this will make our students practice their flexibility and the adaptability of the programming that they prepare.

---

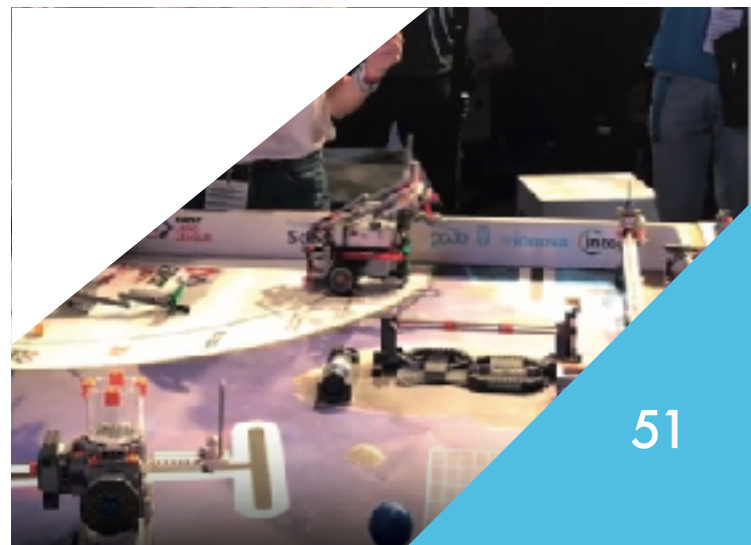
**Thursday**

· 17:00h to 18:00h ·

**Primary Year 5 to MYP5**

**Monthly price of the activities**

**42€ + 53€ enrolment**





# LANGUAGES AND TUTORING

---

Languages and Tutoring, Speech  
Therapy and Reeducation, Kumon

# Languages and Tutoring

It is possible to organise tutoring sessions on certain academic subjects with some of the school's teaching team, as long as they are available. We also offer the option of participating in language classes in reduced groups or individually for languages taught in curricular hours at the school, depending on the availability of the teachers. Availability of all these sessions is limited, and can be enquired about with an email to the extracurricular team through [beyond@lamiranda.eu](mailto:beyond@lamiranda.eu).

---

<b>1h weekly</b>	1 participant: 173€
Monthly price (€)	2 participants: 104€
	3 participants: 92.5€
	4 participants: 81€
	5 or more participants: 69.5€
<b>45 minutes weekly</b>	1 participant: 130€
Monthly price (€)	2 participants: 81€
	3 participants: 69.5€
	4 participants: 58€
	5 or more participants: 52€
<b>30 minutes weekly</b>	1 participant: 87€
Monthly price (€)	2 participants: 52€
	3 participants: 46.5€
	4 participants: 40.5€
	5 or more participants: 35€

\*Please contact [beyond@lamiranda.eu](mailto:beyond@lamiranda.eu) to ask about scheduling possibilities, indicating subject or language and days and times at which the student is available.



In addition to the languages used during school hours, **arabic** sessions will also be available if sufficient requests are received from a group of at least 4 students of a similar age and level. These sessions will be organized with external teaching staff, will have to be at least 1h in length and will have different pricing.

In case of interest, it will be necessary to contact [beyond@lamiranda.eu](mailto:beyond@lamiranda.eu) mentioning possible available schedules for the session.

Monthly prices will be as mentioned below.

---

<b>1h weekly*</b>	4 participants: 105€
	5 participants: 85€
	6 or more participants: 70€

\*Includes all material which is necessary for the activity.

# Speech Therapy and Reeducation

The goal of the speech therapy service is to address the needs of students that may require it from P2 to Bachillerato. Cases of speech, language (both written and spoken), voice and swallowing difficulties may all be treated. In addition, psychoeducational reeducation is also offered.

Interventions are customized and individualized on a case by case basis. To that end, an initial assessment is done to establish the appropriate objectives and frequency of the sessions

Sessions may be organized both within school hours as well as extracurricularly, as preferred by each family.

For more information on the service or to request an initial assessment, an email can be sent to Marta Pérez ([martaperez@lamiranda.eu](mailto:martaperez@lamiranda.eu)), who is responsible for the service.

---

## Monthly price of the activities

Standard frequency	240€
Half frequency	120€
Double frequency	420€

# Kumon

The Kumon method encompasses reading and mathematics programs that consist of study sheets developed by experts and organised into levels. Students work at their own pace, acquiring knowledge gradually in a self-taught manner. Difficulty progresses slightly sheet after sheet so our students can advance to more complex content with total confidence. In addition to consolidating their mathematical and linguistic skills, students learn to study on their own and to be consistent in their work. For more information, please contact the school's head Kumon teacher, Cristina Fontanals (kumon@lamiranda.eu).

---

**Monday and Wednesday** · 08:15h to 09:00h · **PRIMARY to BACCALAUREATE**

**Tuesday and Thursday** · 12:30h to 14:30h · **P3 to BACCALAUREATE**

\* In collaboration with: **KUMON**

**Monthly price of the activities**

**73€ + (70€ enrolment)**

# KINDERGARTEN

-  AQUATIC ACTIVITIES
-  SPORTS SCHOOL
-  DANCE AND GYMNASTICS
-  WORKSHOPS
-  MUSIC SCHOOL
-  TECHNOLOGY AND ROBOTICS
-  LANGUAGES AND TUTORING

SCHEDULE	MONDAY
08:00h to 08:50h	
10:45h to 11:30h	WAVE SWIMMING P3 - P5
16:45h to 17:30h	
17:00h to 17:50h 17:00h to 17:55h	WAVE SWIMMING P3 - P5
	ARTISTIC SWIMMING P5
17:45h to 18:50h	COMPETITIVE SWIMMING P5
17:00h to 18:00h	MULTISPORT P2 - P3
17:15h to 18:15h	FOOTBALL P4 - P5
17:00h to 18:00h	BASKETBALL P5
17:00h to 18:00h	
17:00h to 18:15h	RHYTHMIC GYMNASTICS P5
16:15h to 17:00h	
17:00h to 18:00h	THEATRE P3 - P5
	DRAWING WORKSHOP P3 - P5
17:00h to 18:00h	
12:30h to 14:30h	KUMON P3 - P5

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		WAVE SWIMMING P3 - P5	
			AQUAFAMILY/WAVE SWIMMING P0 - P5
WAVE SWIMMING P3 - P5	AQUAFAMILY P0-P5	AQUAFAMILY P0-P5	
	WAVE SWIMMING P2 - P5	WAVE SWIMMING P3 - P5	
	COMPETITIVE SWIMMING P5		
TENNIS P4 - P5		FOOTBALL INITIATION P2 - P3	
INLINE SKATING P5	FOOTBALL P4 - P5	ARTISTIC SKATING P5	
JUDO P4 - P5		JUDO P4 - P5	
	DANCE INITIATION P3	DANCE P4 - P5	
ART P4 - P5	CHESS P4 - P5	HEALTHY COOKING P3 - P5	
		DRAWING WORKSHOP P3 - P5	
	KINDERGARTEN ROBOTICS P3 - P5		
KUMON P3 - P5	KUMON P3 - P5	KUMON P3 - P5	



# PRIMARY

-  AQUATIC ACTIVITIES
-  SPORTS SCHOOL
-  DANCE AND GYMNASTICS
-  WORKSHOPS
-  MUSIC SCHOOL
-  TECHNOLOGY AND ROBOTICS
-  LANGUAGES AND TUTORING

SCHEDULE	MONDAY
08:00h to 08:50h	
12:00h to 13:00h 13:00h to 14:00h	
16:45h to 17:30h	
17:00h to 17:55h	WAVE SWIMMING PRIMARY
	ARTISTIC SWIMMING PRIMARY
17:45h to 18:50h	COMPETITIVE SWIMMING PRIMARY
17:15h to 18:15h	
	FOOTBALL YEAR 5-6
	BASKETBALL YEAR 1-2
17:00h to 18:00h	JUDO YEAR 3-6
17:30h to 18:30h 18:30h to 19:30h	
18:15h to 19:15h Saturday morning	
17:00h to 18:00h	
17:00h to 18:15h	RHYTHMIC GYM.YEAR 1-2 CHEERLEADERS YEAR 5-6
12:30h to 13:30h	
14:00h to 15:00h	
17:00h to 18:00h 17:00h to 18:30h	MUSICAL THEORY Y3 ORCHESTRA Y3-6
17:00h to 18:00h	DRAWING WORKSHOP YEAR 1-6
	HEALTHY COOKING YEAR 1-6
17:00h to 18:00h 17:00h to 18:30h	ROBOTICS YEAR 1-3
08:15h to 09:00h	KUMON YEAR 1-6
12:30h to 14:00h	KUMON YEAR 1-6

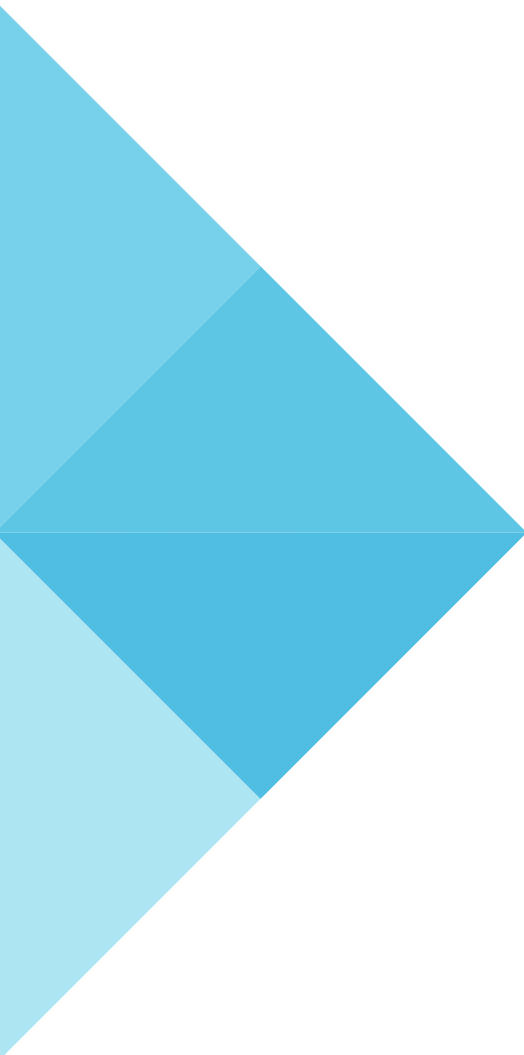


TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		WAVE SWIMMING PRIMARY	
WAVE SWIMMING YEAR 1-3 (12:00h)			WAVE SWIMMING YEAR 4-6 (13:00h)
			WAVE SWIMMING PRIMARY
WAVE SWIMMING PRIMARY	WAVE SWIMMING PRIMARY	WAVE SWIMMING PRIMARY	
		WSR PRIMARY	
	COMPETITIVE SWIMMING PRIMARY		
		BASKETBALL YEAR 3-6	
INLINE SKATING YEAR 1-6	BASKETBALL YEAR 3-6	FOOTBALL YEAR 3-4	
FOOTBALL YEAR 1-2		ARTISTIC SKATING YEAR 1-6	BASKETBALL YEAR 1-6
JUDO YEAR 1-2	JUDO YEAR 1-2	TENNIS YEAR 1-2	JUDO** YEAR 1-6
			FOOTBALL COMPETITION YEAR 1-6
			BASKETBALL COMPETITION YEAR 1-6
JAZZ YEAR 1-2		JAZZ YEAR 3-4	
TIK TOK DANCE YEAR 3-6 ARTISTIC GYMN. YEAR 3-6	CHEERLEADERS YEAR 5-6		HIP HOP YEAR 1-6
	MUSICAL THEORY YEAR 3		
MUSICAL THEORY YEAR 4		MUSICAL THEORY YEAR 5	
MUSICAL THEORY YEAR 6	POSITIVE FASHION YEAR 4-6	MUSIC PRODUCTION YEAR 4-6	
ART YEAR 1-3	CHESS YEAR 1-6	DRAWING WORKSHOP YEAR 1-6	
CROCHET AND CREATE YEAR 2-6	THEATRE YEAR 1-3	MAGIC YEAR 1-6	
EXPERIMENTAL SCIENCE YEAR 4-6	ENTREPRENEURSHIP YEAR 1-6	COMPETITIVE ROBOTICS YEAR 5-6	
ROBOTICS YEAR 4-6	KUMON YEAR 1-6		
KUMON YEAR 1-6	KUMON YEAR 1-6	KUMON YEAR 1-6	

\*\*Also offered every day from 18:00 to 19:00

-  AQUATIC ACTIVITIES
-  SPORTS SCHOOL
-  DANCE AND GYMNASTICS
-  WORKSHOPS
-  MUSIC SCHOOL
-  TECNOLOGY AND ROBOTICS
-  LANGUAGES AND TUTORING

SCHEDULE	MONDAY
08:00h to 09:00h	FITNESS&WATER ESO - BACC
14:00h to 15:00h	FITNESS&WATER ESO - BACC
17:00h to 17:55h	WAVE SWIMMING ESO - BACC
18:00h to 19:00h	FITNESS&WATER ESO - BACC
17:15h to 18:15h	FOOTBALL ESO 1
17:30h to 18:30h	
18:30h to 19:30h	
17:15h to 18:15h	
Saturday morning	
17:00h to 18:00h	ORCHESTRA ESO - BACC
17:00h to 18:00h	
17:00h to 18:30h	
17:00h to 18:30h	
17:00h to 18:00h	
08:15h to 09:00h	KUMON ESO - BACC
12:30h to 14:30h	KUMON ESO - BACC
17:00h to 18:15h	CHEERLEADERS ESO 1-2



# SECONDARY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	
FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	
	WAVE SWIMMING ESO - BACC	WSR ESO - BACC	
FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	FITNESS&WATER ESO - BACC	
	BASKETBALL ESO 1	BASKETBALL ESO 1	
			FOOTBALL COMPETITION ESO 1
			BASKETBALL COMPETITION ESO 1
CROCHET AND CREATE ESO 1-2			
PODCAST AND RADIO ESO - BACC			
	ROBOTICS ESO 1-4		
		COMPETITIVE ROBOTICS ESO 1-4	
	KUMON ESO - BACC		
KUMON ESO - BACC	KUMON ESO - BACC	KUMON ESO - BACC	
	CHEERLEADERS ESO 1-2		



## AQUATIC ACTIVITIES

### SCHEDULE

### MONDAY

*08:00h to 09:00h*

**FITNESS&WATER**

*14:00h to 15:00h*

**FITNESS&WATER**

*18:00h to 19:00h*

**FITNESS&WATER**



# ADULTS

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER

FITNESS&WATER



Discover, Love  
& Learn.



Inscripcions a l'apartat  
"Activitats extraescolars"  
de la nostra web:



  
**la miranda**  
THE GLOBAL  
QUALITY SCHOOL

**BEYOND** | Fantastic  
Extra  
Curriculars

**La Miranda The Global Quality School**  
Carrer del Canigó, 15 08960 Sant Just Desvern  
+34 93 371 73 58 – Horari de secretaria: de 9:00 a 17:30  
[info@lamiranda.eu](mailto:info@lamiranda.eu)