# EXTRACURRICULAR ACTIVITIES 2026/2027

la miranda
THE GLOBAL QUALITY SCHOOL

BEYOND Fantastic Extra Curriculars

# INDEX


01 SPORTS SCHOOL
Basketball, Football, Tennis, Judo, Roller Skating, Multisport, Volleyball, Mixed Martial Arts (MMA), Jiu Jitsu NEW, Fencing. NEW, Horse Riding NEW

02 AQUATIC ACTIVITIES
Club Wave NEW, Swimming, Competitive Swimming, AquaFamily, Waterpolo, Artistic Swimming, One to One, Free Swimming

03 DANCE AND GYMNASTICS SCHOOL
Dance, Jazz, Dance Initiation, Artistic Gymnastics, Cheerleaders, Rhythmic Gymnastics

04 WORKSHOPS
Chess, Art, Musical Theatre, Healthy Cooking, Leaders NEW, Gardening NEW, Emotional inteligence NEW.

05 MUSIC SCHOOL
Musical Theory, Instrument Lessons, Batucada NEW

06 TECHNOLOGY AND ROBOTICS
Mini Tecno, Super Tecno "Programming", Lego Robotics NEW, Lego Robotics Competition NEW

07 ACADEMIC ACTIVITIES
Kumon, Languages and Tutoring, Speech Therapy and Reeducation

# General Rules

**Inscriptions:** Can be sent in from the **30th of June 2025** onward online through the Portal (accessible at lamiranda.eu) except for aquatic activities, for which inscriptions will be trough , and certain activities for which inscriptions will be handled via email, as mentioned in their respective sections below. New inscriptions shall only be considered effective once validation is received from the extracurricular coordination team, which will confirm based on the occupancy rates of the activities.

**Calendar:** Extracurricular activities will begin from September 8th onward. Activities shall take place in parallel with curricular activities until the **last day of the school year** (included). **In case of holidays and/or vacations, extracurricular sessions will not be made up for or otherwise compensated** (the calendar with all of the year's school days will be available on the school's website). Special events that occur during certain sessions (such as, but not limited to, open lessons or end of year concerts) are part of the activities and will not be made up for or otherwise compensated.

**Cancellations:** Cancellations are processed monthly, coming into effect on the first day of the month after the cancellation is received. In order to be correctly processed, cancellations must be notified to the extracurricular team via email **before the 20th of the month prior** to the effective cancellation of the inscription to the activity. If this procedure is not followed, the respective fees will not be refundable. Partial month cancellations will not be processed.

**Limited availability:** The groups presented below will have limited availability. The maximum number of students per group will vary depending on the activity.

**Minimum occupancy:** The group activities of this program may be carried out as long as the group has a minimum of **5 students**; for **cooking, volleyball, tennis, fencing, and gardening activities**, a minimum of **6 participants** will be required, and for the **horse riding activity**, the minimum will be set at **8 students**. If at any point during the school year the minimum is no longer met, the activity may need to be cancelled. In case the minimum number of students is not reached at all and an activity cannot start or an activity needs to be cancelled during the school year, alternative options for the same schedule can be discussed with the extracurricular team.

**Pricing:** Monthly fees for each activity are set out in their corresponding sections. If two or more activities are combined, the monthly fee will be reduced by 5€ per activity for the first two. Each additional activity will have its monthly price reduced by 7.5€. For general activities, this reduction will be doubled. **Aquatic activities, languages and tutoring, speech therapy and reeducation, music activities and Kumon do not count** towards these price reductions. **For all activities that begin on the week of the 8th of September, a full monthly fee will be charged for the month of September.**

**Tryouts:** It will be possible to try out **one** session of any activity before formalising its inscription. Nevertheless, if the inscription is subsequently confirmed, **the session will be accounted for in the first payment**. If after the first session no inscription is made, said session will be free of charge **in the case of group sessions** or will have a cost of a **partial monthly fee** in the case of **individual or small group sessions**. To organise a tryout, an email must be sent to beyond@lamiranda.eu (or music@lamitranda.eu for music lessons) to agree on a date.

## Other indications:

- Students from kindergarten, 1st and 2nd of Primary will be picked up by a teacher or supervisor from their classroom a few minutes before the start of the activity and will be accompanied to the extracurricular. The rest of the students who might need it will be shown where to go on their first day.

- Communications about events or incidents related to the extracurricular activities will be made through email and/or the school app/portal.

- On days in which meteorological conditions prevent normal development of outdoor activities, they might be relocated to different spaces.

- The schedules proposed in this document are subject to modifications depending on families' needs.

**Contact:** For any doubt or inquiry referred to extracurricular activities, the extracurricular coordination team can be contacted at:

**Glen Albó, Juan Carlos Lomeña, Yago Bertran –** beyond@lamiranda.eu

To ask about specific activities, it is possible to directly contact the following members of our team:

Aquatic Activities:
**Dani Martínez** – pool@lamiranda.eu

Music School:
**Alba Domènech** – music@lamiranda.eu

Kumon:
**Beatriz Alday** – kumon@lamiranda.eu

Speech therapy and reeducation:
**Psychopedagogical Department** – orienta@lamiranda.eu

# SPORTS SCHOOL

Basketball, Football, Tennis, Judo, Roller Skating, Multisport, Volleybal, Mixed Martial Arts (MMA), Jiu Jitsu NEW, Fencing NEW, Horse Riding NEW

# Basketball

One hour, twice a week, doing what they love most: Basketball.

Groups are organized by age and skill level, and the work progresses from basic fundamentals to real game situations. What happens in the background matters too: learning how to lose, waiting for the right moment, and trusting your teammate. Basketball teaches this without anyone having to explain it.

For students who wish to compete, they can join the CEBLLOB League, with games on Friday afternoons.

Required material: Sportswear and comfortable shoes.

**Basketball Competition:** games every week from October to May. Weeks without games are replaced by an extra training session. Registration is optional, has an additional cost*, and includes the player license, insurance, and referee fees. The official uniform is mandatory and can be purchased through the school by requesting it at beyond@lamiranda.eu.

| | | |
|---|---|---|
| **Monday and Wednesday** | · 17:15h a 18:15h · | **Primary Year 3 to MYP3** |
| **Tuesdays** | · 17:15h a 18:15h · | **I4 - Primary Year 2** |
| **Thursdays** | · 17:15h a 18:15h · | **Primary Year 1 and 2** |
| **Fridays (entrenament)** | · 17:15h a 18:15h · | **League (primary & MYP2)** |
| **Saturdays (partits)** | · Por la mañana · | **League (primary & MYP2)** |

**Monthly price of the activities 47€***

*General activity and price for 1 day of weekly activity, more information in the pricing section of the general rules (page 04).
*For teams from 1st grade of Primary Education (1r EP) onwards, it is mandatory to participate 2 days a week. In this case, the fee will be €74 per month.
**Annual registration fee of €74 for the basketball league. The cost of the uniform is €53.

# Football

From 2 years old up to secondary school, they can enjoy the most popular sport in the world and learn the values that make it great. Organized by age and skill level so that every student grows both on and off the field.

**Initiation (I2-I3):** the ball is the protagonist. Through play and movement, they take their first steps in the sport.

**Pre-football (I4-I5):** they begin to understand the game, connect with the ball, and compete in their first matches against other schools.

**Primary and Secondary School:** Real team, real dynamics. New methodology with two mandatory weekly training sessions. Programmed content. For those who wish to compete, they can join the School Futbol 5 League, with matches on Friday afternoons against other schools and organizations in the area.

Required material: comfortable sportswear and indoor football shoes, flat-soled or turf shoes (multi-stud).

**Football Competition:** the league runs from October to May with a weekly match on Friday afternoons, either at La Miranda or nearby facilities. Registration is optional, has an additional cost*, and includes the player license, insurance, and referee fees. The official uniform is mandatory and can be purchased through the school by emailing beyond@lamiranda.eu.

Football training and competition take place on different days and are counted as two separate general activities.

| | | |
|---|---|---|
| **Monday and Wednesday** | · 17:00h a 18:00h · | **I2, I3, I4, I5** |
| | · 17:15h a 18:15h · | **Primary Year 1 and 2** |
| **Tuesday and Thursday** | · 17:15h a 18:15h · | **Primary Year 3 to 6** |
| | · 17:15h a 18:15h · | **MYP2 y MYP3** |
| **Friday** | · 17:30h a 18:30h · | **Football league (PY)** |
| **Sunday** | · 10h a 11:30h | **Football League (MYP)** |

**Precio mensual de las actividades** **47€ ***

*General activity and price for 1 day of weekly activity, more information in the pricing section of the general rules (page 04).
*For teams from 1st grade of Primary Education (1r EP) onwards, it is mandatory to participate 2 days a week. In this case, the fee will be €74 per month.
**Annual registration fee of €74 for the football league. The cost of the uniform is €53.

# Tennis

We bring a new methodology. ITF and RFET methodology, tennis by stages.

Our program follows the official stage-by-stage teaching methodology recommended by the ITF and the Royal Spanish Federation adapting balls, spaces, and playing distances to the age and skill level of the students.

This methodology fosters a more effective and motivating learning experience, allowing children to play from the very beginning, develop correct technique, and progressively and safely improve their coordination, confidence, and autonomy.

Adapting the environment and equipment is the key to enjoying, learning, and evolving in tennis while respecting each student's pace. Furthermore, we have certified national coaches and ITF/ATP trainers.

Required material: Sportswear and comfortable shoes.

| | | |
|---|---|---|
| **Wednesdays** | · 17:00h a 18:00h · | **I4, I5, Primary Years** |
| **Thursdays** | · 17:00h a 18:00h · | **I4, I5, Primary Years** |

| | |
|---|---|
| **Monthly price of the activities** | **59€** |

# Judo

El programa s'organitza en quatre nivells —Iniciació, Principiant, Avançat i Expert— des d'I4 fins a PAI. Els més petits treballen les habilitats bàsiques del judo en un entorn controlat i segur. A mesura que creixen, la tècnica guanya precisió i el coneixement de l'art marcial es torna més profund. Tot això a la nostra sala amb tatami fix, un espai dissenyat específicament per a la pràctica del judo que poques escoles poden oferir. El judo ensenya respecte, constància i disciplina. No com a valors explicats, sinó com a conseqüència natural de la pràctica..

Els alumnes que entrenin dos o més dies a la setmana poden participar en competicions puntuals durant el curs.

Material necessari: quimono i cinturó de judo.

Competició de Judo: convocatòries puntuals en cap de setmana al llarg del curs. La inscripció és optativa, té un cost addicional* i inclou fitxa, mutualitat i arbitratge.

| | | |
|---|---|---|
| **Monday** | · 17:00h a 18:00h · | **Year 3 to 6 (Expert)** / 18:00h a 19:00h **(MYP)** |
| **Tuesday** | · 17:00h a 18:00h · | **I4 to Year 2 (Beginner)** / 18:00h a 19:00h **(MYP)** |
| **Wednesdays** | · 17:00h a 18:00h · | **Year 2, 3 (Advanced)** / 18:00h a 19:00h **(MYP)** |
| **Thursdays** | · 17:00h a 18:00h · | **I4 to Year 1 (Initiation)** / 18:00h a 19:00h **(MYP)** |
| **Friday** | · 17:00h a 18:00h · | **Year 1 to MYP (Competition)** / 18:00h a 19:00h **(MYP)** |

**Monthly price of the activities** **47€ ***

*General activity, more information in the pricing section of the general rules (page 04).
**Annual registration fee of €74 for participation in competitions. The cost per competition day (on weekends) is €19.

# Roller Skating

Two modalities, two different days. For the most active, inline skating on Tuesdays, and for the most artistic and expressive, artistic skating on Thursdays. Each 90-minute session works on routines, balance, the specific skills of each style, and those unforgettable moments: the first time they stand on skates by themselves.

Students can sign up for one or both days depending on their preferences. No prior skating experience is needed to start.

Required material: Roller skates (artistic or inline depending on the session).

| | | |
|---|---|---|
| **Tuesday** (inline) | · 17:00h to 18:15h · | **I5, PRIMARY** |
| **Thursday** (artistic) | · 17:00h to 18:15h · | **I5, PRIMARY** |

**Monthly price of the activities** **59€**

*General activity, more information in the pricing section of the general rules (page 04).

# Multisport

The variety of movements a child experiences at this age is the best athletic investment a family can make.

The greater the variety of basic skills they experience now, the greater their athletic and coordination capacity will be in the future. Multisport works on precisely this: through play, psychomotor skills, and the use of varied sports equipment, students build a broad and solid foundation of movement that will make them stand out compared to other athletes in any discipline they choose in the future.

Required material: sportswear and comfortable shoes

| | | |
|---|---|---|
| **Tuesday** | · 17:00h a 18:00h · | **I4, I5** |
| **Thursdav** | · 17:00h a 18:00h · | **I2, I3** |

**Preu mensual de les activitats** **48€***

*General activity, more information in the pricing section of the general rules (page 04).

# Volleyball

Volleyball is a dynamic team sport that combines fun and physical exercise, promoting the development of motor skills, teamwork and strategy. Our students will improve their coordination, fitness and reflexes through learning the fundamental techniques and tactics of the game. In addition, volleyball helps develop quick decision making and reading the game state, skills that are useful both on and off the court.

We will work, in varied sessions, on the different aspects of volleyball: serving, receiving, setting, spiking and blocking. We will encourage the regular practice of physical activity and strengthen essential values such as companionship, effective communication and sportsmanship. We will contribute to creating an inclusive environment where all participants can enjoy and improve, regardless of their initial level, thus promoting an active and healthy lifestyle.

| | | |
|---|---|---|
| **Monday & Wednesday*** | · 17:00h a 18:15h · | **Primary Year 5, 6** |
| **Monday & Wednesday*** | · 18:15h a 19:30h · | **MYP 2, 3** |
| **Tuesday & Thursday*** | · 17:00h a 18:15h · | **Primary Year 3, 4** |

*It is mandatory to participate on both days. In case of competition participation, matches would be played at other times and an anual enrolment fee of 74€ would apply. The cost of the uniform is €62.
**General activity, more information in the pricing section of the general rules (page 04). The price of 70€ already includes the fee reduction that applies to general activities when combining two days of activity.

**Monthly price of the activities 74€**

* In collaboration with:

VOLEIBOL SANT JUST

# Mixed Martial Arts (MMA)

Boxing, Muay Thai, wrestling, and karate in a single program. MMA is the most complete combat sport in existence, and also one of the most demanding: focus, technique, and self-control in every session. MYP students learn and practice in a safe and controlled environment, two days a week, with mandatory participation on both days.

At these ages, self-esteem and self-defense are just as crucial as any school subject. Few activities have such a direct impact on both as MMA, and our students will build them session by session.

Required material: MMA gloves.

**Monday & Wednesday*** · 18:00h a 19:00h · **MYP i BACH**

**Monthly price of the activities 74€***

*Participation on both days is mandatory..
**General activity, more information in the pricing section of the general rules (page 04). The €74 fee already includes the rate reduction applied to general activities for combining two days of activity.

# Jiu-jitsu NEW

Brazilian Jiu-Jitsu is based on a principle that sets it apart from any other combat sport: technique and intelligence always defeat strength. Students learn to control physical contact situations by using their bodies efficiently, regardless of their build or physical condition. Furthermore, it is the most effective self-defense system in existence for real-world situations.

Taught by our combat sports specialist for MYP students on Tuesdays and Thursdays, with mandatory participation on both days.

Required material: to be confirmed at the beginning of the school year.

**Tuesday & Thursday*** · 18:00h a 19:00h · **MYP i BACH**

**Monthly price of the activities 74€***

*Participation on both days is mandatory..
**General activity, more information in the pricing section of the general rules (page 04). The €74 fee already includes the rate reduction applied to general activities for combining two days of activity.

# Fencing NEW

This school year, La Miranda incorporates one of the oldest sports on the Olympic program.

Fencing has been in the Olympic Games for decades, and this year, for the first time, La Miranda students can practice it with the best coaches right here at school.

Beyond the prestige of the discipline, through this new extracurricular program, students dive into an elegant and safe discipline that stands out as an exceptional tool for channeling energy, boosting concentration, and developing quick decision-making under pressure.

We want to invite our students to be a part of this modality, conceived as a unique opportunity to propel your children toward excellence, helping them cultivate personal discipline, constant self-improvement, and solid values that will guide their path to success both on and off the strip..

**Wednesday** · 17:00h a 18:00h · **Primary Year 3 to 6**

| Monthly price of the activities | 47€ |
|---|---|

# Horse Riding NEW

This school year, for the first time, our students step out of the classroom to learn how to ride a horse. In partnership with Hípica Sol Solet, we offer a unique opportunity for students to connect directly with nature thanks to the exceptional environment of the Collserola Natural Park, located just seven minutes from our campus.

Students learn to take responsibility for their horse, to respect it, and to gain its trust before riding it. It is precisely this process that develops personal confidence and self-control that are hard to find in any other activity.

The program is organized into two levels. By the end of the school year, beginners will achieve the knowledge of Galop 1 (Gallop 1). Advanced students will reach Galop 2-3. Both levels have the option to take the official exam of the Catalan Equestrian Federation to obtain the federative diploma, adapted to each age group.

The school completely handles all transport logistics, managing the transfer of the students from the school to the equestrian facilities at the end of the school day; once the classes at the club are concluded, families will be responsible for picking up the students directly from the equestrian center..

Activity with limited spots, only 16 spots available.

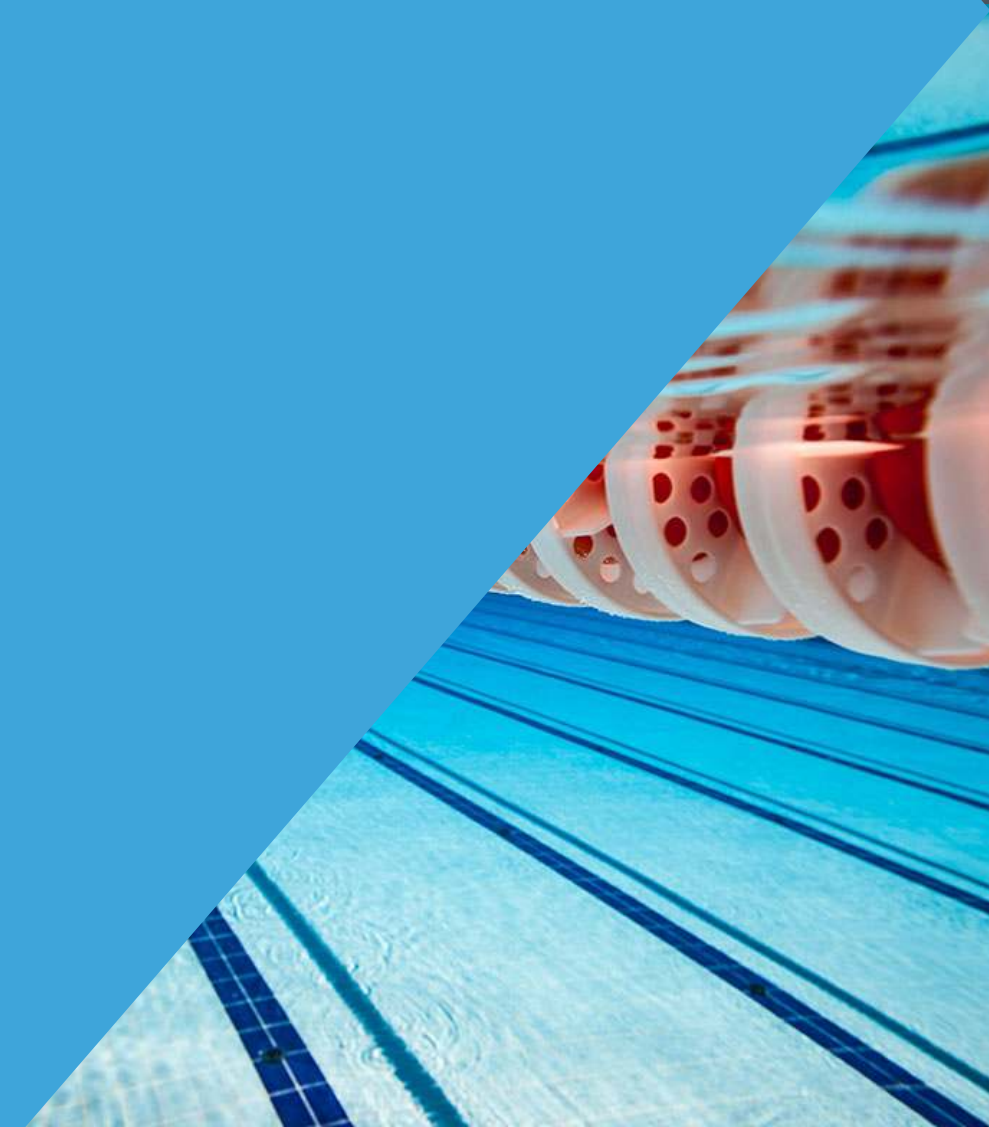
| | | |
|---|---|---|
| **Tuesday** | · 18:00h a 19:00h · | **Primray Years 1 to 6** |

**Monthly price of the activities 150€**

# AQUATIC ACTIVITIES

## Swimming

Club Wave, Swimming, Competitive Swimming, AquaFamily, Waterpolo, Artistic Swimming, One to One, Free Swimming



# Club Wave

We are pleased to announce an exciting new offering for academic year 2025-2026: the Wave Club, a space designed for students to enjoy swimming in complete freedom. By joining this club, they will be able to come to the pool whenever they wish, with no limit to the number of days or sessions, thus adapting to their needs and schedules.

With a single fee, participants will have access to swimming, competition and water polo courses in different time slots. This activity is aimed at students from Primary Year 3 to Baccalaureate, although students in Primary Years 1 and 2 can consult special conditions.

- Payment of a single fee
- From Primary Year 3 to Bachillerato (special conditions can be consulted for Primary Year 1 and 2)

| | | |
|---|---|---|
| **From Monday to Friday** | · 17:00h to 17:55h · | **Swimming** |
| **From Monday to Thursday** | · 17:50h to 18:45h · | **Competition and waterpolo** |

**See price/availability at https://poolmiranda.eu/**

# Competitive Swimming

**Aquatic spirit**

**I5 to Primary Year 6:** Students are introduced to the world of competition in a fun way and with commitment to themselves. From making an effort in practice sessions to being able to enjoy a real competition, not only in the race, but also in the day to day work on improving their technique in swimming strokes, starts, turns and physical capacities such as strength and endurance among others. Includes the experience of 5 annual competitions in swimming clubs: CN

| | | |
|---|---|---|
| **Monday** | · 17:50h a 18:45h · | **I5, PRIMARYI, MYP** |
| **Tuesday** | · 17:50h a 18:45h · | **I5, PRIMARYI, MYP** |
| **Wednesday** | · 17:50h a 18:45h · | **I5, PRIMARYI, MYP** |

**See price/availability at https://poolmiranda.eu/**

*Annual competition license not included.
**Students can stay at after-school care (I5 to 3rd grade of Primary School / 3rd EP) or in the library (from 4th grade of Primary School / 4th EP onwards) from the end of classes until the start of the activity free of charge.

# Swimming

**The most complete sport**

**I3 to I5:** Aquatic psychomotor activities are carried out with the goal of students achieving well-rounded motor skills. Sessions are based on exercises and progressions in which the student acquires an extraordinary base of motor skills, fundamental for life and future technification in different sports, including swimming.

**Primary, MYP, DP and Baccalaureate:** Students will train all swimming strokes and much more. With a method created and designed to offer students a well-rounded motor foundation (jumps, turns, slides, propulsions, dives, etc.), offering a variety of motor experiences and lots of fun. The sessions will offer a myriad of positive translations to other sports and skills (base of all sports), always prioritizing constant improvement of swimming stroke technique.

| | | |
|---|---|---|
| **Monday** | · 10:45h a 11:30h · | **I3, I4, I5** |
| | · 17:30h a 18:45h · | **PRIMARY** |
| | · 17:30h a 18:45h · | **MYP, DP, BACH** |
| **Tuesday** | · 12:00h a 13:00h · | **PRIMARY YEAR 1 TO 3** |
| | · 13:30h a 14:30h · | **MYP** |
| | · 17:00h a 17:55h · | **I3, I4, I5** |
| | · 17:00h a 17:55h · | **PRIMARY** |
| **Wednesday** | · 17:00h a 17:55h · | **I2, I3, I4, I5** |
| | · 17:00h a 17:55h · | **PRIMARY** |
| | · 17:00h a 17:55h · | **MYP, DP, BACH** |
| **Thursday** | · 08:00h a 08:50h · | **I3, I4, I5, PRIMARY** |
| | · 17:00h a 17:55h · | **I3, I4, I5, PRIMARY** |
| **Friday** | · 13:00h a 14:00h · | **PRIMARY YEAR 4 TO 6** |
| | · 16:45h a 17:30h · | **I3, I4, I5, PRIMARY** |

**See price/availability at https://poolmiranda.eu/**

# AquaFamily

**Good autonomy minimises accidents**

**I0 to I2:** Early aquatic autonomy with family (total autonomy at age 2). Training in the pool, preferably together with dad or mum, allows us to accelerate the phases of adaptation to the aquatic medium and bring out childrens' full potential through methodological sessions based on progression of the medium's basic skills.

**I3 to I5:** Autonomy with family, for all those students who have not yet had enough experiences to enjoy the aquatic medium in a safe and fun way.

| | | |
|---|---|---|
| **Wednesday** | · 17:00h to 17:45h · | **I0 to I5** |
| **Thursday** | · 17:00h to 17:45h · | **I0 to I5** |
| **Friday** | · 16:45h to 17:30h · | **I0 to I5** |

**See price/availability at https://poolmiranda.eu/**

# Waterpolo

Activity focused on promoting the values of a collective sport in the aquatic environment. Focus will be placed on training physical, technical and tactical development in a fun way and adapted to each stage.

| | | |
|---|---|---|
| **Tuesday** | · 17:50h to 18:45h · | **PRIMARY** |
| **Thursday** | · 17:50h to 18:45h · | **MYP, DP, BACH** |

**See price/availability at https://poolmiranda.eu/**

# Artistic Swimming

**Synchronising learnings**

**I5 and Primary:** Initiation and technification, work on rules, values, competition and physical condition needed to be able to enjoy this wonderful sport.

**Monday** · 17:00h to 17:55h · **I5, PRIMARY**

**See price/availability at https://poolmiranda.eu/**

# One to one

**Personal trainer**

**All ages:** Ideal activity to get the most out of each of its sessions. Completely individualised planning and training for each and every need and goal.

*one to two (2 students one teacher)
**one to three (3 students one teacher)

**See price/availability at https://poolmiranda.eu/**

# Free Swimming

**Whenever and however you want**

**MYP, DP, Bachillerato, friends and family:** Free activity, where you will be able to enjoy free lanes to train your swimming or simply to improve your health.

The scheduling of this activity must be discussed with the staff.

**See price/availability at https://poolmiranda.eu/**

# DANCE AND GYMNASTICS

Dance, Jazz, Dance Initiation, Artistic Gymnastics, Cheerleaders, Rhythmic Gymnastics

# Dance Initiation

Discovering dance! Together with our partners from the Menchu Durán dance school, we will introduce dance at the age of 3 using music to educate rhythm and coordination. We will become conscious of our own body, discovering that we have arms, legs, a head, hips... and we will learn to coordinate them through dance. We will perform creative movements using adapted choreographies and our youngest will have the experience of moving their bodies creating dance. We will use exercises both from classical ballet as well as motor skills activities adapted to dance.

**Wednesday** · 17:00h a 18:00h · **I2-I3**

**Monthly price of the activities 72€ ***

*In addition to an annual registration fee of €75 for the uniform (dance leotard, skirt, shoes, and a small bag to carry the gear).

* In collaboration with: DANSA MENCHU DURÁN. EXPLOTA TU MEJOR VERSIÓN

# Dansa

In this activity we will work on the fundamentals of dance, which will later serve as groundwork for any other more specific style. Dance is an artistic discipline that allows us to express feelings and communicate emotions. We will develop the necessary sensitivity for our feelings to flow with complete freedom. Our partners at the Dansa Menchu Durán school have created a method to learn to dance and empower corporal expression through the perfect balance between technique and fun.

---

**Thursday** · 17:00 a 18:00h · **I4 - I5**

**Monthly price of the activities 72€ ***

*In addition to an annual enrolment fee of 75€ for clothing (dance leotard, skirt, shoes and bag to carry equipment).

* In collaboration with:

DANSA MENCHU DURÁN.
EXPLOTA TU MEJOR VERSIÓN

# Jazz

The house special! Lively classes where we combine the technique of classical ballet with the rhythm and swing of jazz and contemporary music. Our discipline uses classical ballet and pure corporal expression techniques. Jazz is fun, and which is reflected in its dance with unexpected and sudden rhythm changes, even leaving room for improvisation. Energy and elegance combine to give way to commercial choreographies danced with style, always with our seal.

This fusion between classical jazz discipline and current dance elements is freer and more expressive than purer styles. The performed movements will be more fluid.

| | | |
|---|---|---|
| **Tuesday** | · 17:00h to 18:00h · | **Primary Year 1 to 2** |
| **Thursday*** | · 17:00h to 18:00h · | **Primary Year 3 to 4** |

**Monthly price of the activities 72€ ***

**In addition to an annual enrolment fee of 55€ for clothing (dance leotard, shorts and bag to carry equipment).

* In collaboration with:

DANSA MENCHU DURÁN
EXPLOTA TU MEJOR VERSIÓN

# Artistic Gymnastics

The artistic gymnastics extracurricular activity is an attractive proposal to expand the range of activities related to gymnastic, expressive and creative skills and to bring the practice and values of this sport closer to our La Miranda students.

The main objective is to become acquainted with and learn this beautiful sports discipline, which is complete, balanced and healthy, through gymnastic skills such as acrobatics, rhythm, balance, expressiveness, strength and flexibility and within a disciplinary framework through which, in addition to learning, they will also improve their psychomotor conditions while acquiring greater knowledge of physical control of their own body in sports in a totally safe way and in a familiar and welcoming environment.

In this activity, basic artistic gymnastics exercises will be learned by the students throughout the school year, with the goal of executing them with the proper technique thanks to guidance by professional teachers part of Dream Cheers Academy by La Miranda.

Required material: Gymnastics leotard (must be obtained by email request to beyond@lamiranda.eu and its cost will be added to the first monthly payment).

**Tuesday** · 17:00h to 18:15h · **Primary Year 3 to 6**

**Monthly price of the activities 70€ ***

*The cost of the gymnastics leotard is 90€.

* In collaboration with:

# Cheerleaders

In this dance section our students will learn to dance like a real cheerleader with the help of the legendary Barça Cheerleaders, the Dream Cheers.

Our little cheerleaders will enjoy themselves while learning and perfecting their psychomotor and artistic qualities from the perspective of the professional show business world of the big sports teams. Explosiveness, energy, charisma and technique are the strong points of our dance style, all within a framework of discipline and teamwork as the main value. Under the guidance of the official FCBarcelona choreographer, our little Cheers will work as a team learning incredible choreographies appropriate to their age, carrying out a programme created specifically for La Miranda.

Required material: Cheerleading outfit and pom poms (must be obtained by email request to beyond@lamiranda.eu and its cost will be added to the first monthly payment).

| | | |
|---|---|---|
| **Monday** | · 17:00h a 18:00h · | **I4 - I5** |
| **Thursday** | · 17:00h a 18:15h · | **Primary Yeast 1 to 4** |

**Monthly price of the activties 70€ ***

* In collaboration with: ACADEMY DreamCheers

*The cost of the cheerleading outfit and pom poms is 150€.

# Rhythmic Gymnastics

Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, flexibility and the use of various devices such as ropes, hoops, balls, clubs and ribbons. It is an activity where children will learn to communicate with their bodies and express their emotions through artistic movements and surprising choreographies to the rhythm of music, with the aim of learning to respect all components and encouraging teamwork, learning about the pieces of equipment and basic exercises of each one of them, promoting body coordination and acquiring a series of foundational motor skills through different exercises and knowledge of one's own body: segments, laterality, balance...

Required material: Gymnastics leotard and ribbon (must be obtained by email request to beyond@lamiranda.eu and its cost will be added to the first monthly payment).

---

**Monday** · 17:00h to 18:15h · **I5 to Primary Year 2**

**Monthly price of the activties 70€ ***

* In collaboration with: ACADEMY DreamCheers

*The cost of the gymnastics leotard and ribbon is 100€.

# WORKSHOPS

Chess, Art, Musical Theatre, Healthy Cooking, Leaders NEW, Gardening NEW, Emotional Intelligence NEW,

# Chess

Through the chess activity we will contribute to the creation of good mental habits and teach decision-making and planning skills. We will help our students improve their efficiency while studying and we will stimulate key cognitive and emotional areas for their intellectual development. In addition to playing chess, we will do activities to teach this game's rules and strategies, and we will practice virtues like respect, perseverance and companionship.

Requried material: The activity's book, included in the monthly price of the activity.

| | | |
|---|---|---|
| **Wednesday** | · 17:00h to 18:00h · | **I4 - I5** |
| **Wednesday** | · 17:00h to 18:00h · | **PRIMARY** |

* In collaboration with:

ESCOLA CATALANA D'ESCACS

**Monthly price of the activities 47€**

# Art

Designed specifically to stimulate the creativity and artistic development of Infant and Primary pupils, adapting to the needs and abilities of each educational stage. In this activity, Infant pupils will be able to explore art in a playful and sensorial way. Using materials such as paints, plasticine and recycled elements, they will develop their motor skills, their imagination and their personal expression, a space to discover the world of art by playing and experimenting!

Primary students will have the opportunity to develop more complex artistic projects. We will explore various techniques such as drawing, painting and collage, learning about great artists and encouraging individual expression and teamwork.

All materials will be provided by the school.

| | | |
|---|---|---|
| **Monday** | · 17:00h a 18:00h · | **I3 - I5** |
| **Monday** | · 17:00h a 18:30h · | **PRIMARY** |
| **Thursday** | · 17:00h a 18:00h · | **I3 - I5** |
| **Thursday** | · 17:00h a 18:30h · | **PRIMARY** |

| | | |
|---|---|---|
| **Monthly price of the** | **activities **** | **47€*/71€** |

**General activity, more information in the pricing section of the general rules (page 04).

# Musical Theatre

Let your child step into the spotlight and experience the magic of musical theatre in this exciting class!

Each week, we will dive into acting, singing, and dancing activities designed to spark creativity, build confidence, and develop essential performance skills. Students will learn vocal techniques to enhance their singing and improve dance coordination through fun and engaging choreography.

Throughout the semester, young performers will have the opportunity to sing and perform iconic Broadway tunes from popular musicals like *Matilda*, *The Lion King*, *Aladdin*, and more! We will work together as a cast, developing teamwork and learning all aspects of a theatrical production. The class fosters a creative environment where children can express themselves and build their self-esteem.

The semester culminates in a thrilling showcase, where students will perform their hard work for an enthusiastic audience. With a perfect balance of creativity, technique, and fun, this class gives your child the chance to shine on stage, gain new skills, and experience the excitement of Broadway in English!

| | | |
|---|---|---|
| **Monday** | · 17:00h a 18:00h · | **I2 - I3** |
| **Tuesday** | · 17:00h a 18:00h · | **Primary Year 4 to 6** |
| **Wednesday** | · 17:00h a 18:00h · | **Primary Year 1 to 3** |
| **Thursday** | · 17:00h a 18:00h · | **I4 - I5** |

**Monthly price of the activities 65€**

*** This activity is in English**

* In collaboration with:

SHOW KIDS! dance * act * sing

# Healthy Cooking

**The experience of cooking and enjoying**

At MYGRANCHEF, cooking becomes an adventure where children and youths discover the pleasure of cooking, experimenting with quality ingredients and learning healthy habits in a fun and educational way.

Through our classes, they develop creativity, autonomy and a positive relationship with food, all in a dynamic and enriching environment, inspiring them to cook, create and enjoy!

All families will receive a password to download each week's recipes on the activity's website www.mygranchef.com.

| | | |
|---|---|---|
| **Monday** | · 17:00h a 18:00h · | **Primary Year 1 to 3** |
| | · 17:00h a 18:00h · | **Primary Year 4 to 6** |
| **Tuesday** | · 17:00h a 18:00h · | **I3 a I5** |

**Monthly price of the activities*  57€**

*In addition to annual enrolment fee of 47€

* In collaboration with: MyGranChef

# Leaders NEW

A practical activity based on games and challenges, where students develop the skills they will need to navigate safely in a changing and increasingly technological world: decision-making, money management, organizing ideas, and using tools like artificial intelligence.

The program is divided into two levels. **Level 1 (1st-3rd grade of Primary School)** works on emotional intelligence, communication, and the first concepts of financial education, through games and dynamics designed for students to express what they think and gain the confidence to participate.

**Level 2 (4th-6th grade of Primary School)** takes it a step further: students work in teams to shape their own idea, organize themselves, make joint decisions, and present them. They are introduced to concepts such as income, expenses, and business plans.

The result: students with greater confidence, judgment, and autonomy, both inside and outside the classroom.

**Wednesdays** · 17:00h a 18:00h · **PRIMARY**

**Monthly price of the activities 65€**

* In collaboration with: startkidsup

# Gardening NEW

There are some things that can only be learned with your hands in the soil.

The Gardening and School Orchard extracurricular activity is a hands-on experience where boys and girls will discover nature with their hands in the soil.

In the school orchard, the children will sow, plant, care for, and watch seasonal vegetables, fruits, and flowers grow, learning the rhythms of nature through play and experimentation.

They will learn how to make compost and discover the importance of earthworms in keeping the soil alive and fertile. They will also build insect hotels and learn about the fascinating metamorphosis of ladybugs, understanding their essential role within the orchard.

A space to connect with nature, spark curiosity, and enjoy discovering where food comes from.

**Thursday** · 17:00h a 18:00h · **I4 To Primary Year 2**

**Monthly price of the activities 52€**

*In addition to annual enrolment fee of 30€

* In collaboration with: ARRELA'T

# Emotional Intelligence NEW

Knowing how to manage a difficult emotion, resolve a conflict, or maintain concentration when things get complicated are not skills typically taught in the classroom. This program works on them directly, in a practical way adapted to each age group.

Through games, group dynamics, and creative activities, students learn to identify what they feel, regulate it, and relate better to others. Without technical jargon, without clinical sessions. One hour a week where what happens inside the classroom matters just as much as what happens outside.

Studies are clear: students who develop emotional competence perform better academically and coexist better. This activity gives students concrete tools that make a difference in their day-to-day lives.

| | | |
|---|---|---|
| **Tuesdays** | · 17:00h a 18:00h · | Primary Year 1 to 3 |
| **Thursdays** | · 17:00h a 18:00h · | Primary Year 4 to 6 |

**Monthly price of the activities * 47€**

**General activity, more information in the pricing section of the general rules (page 04).

# MUSIC SCHOOL

Musical Theory, Instrument Lessons, Batucada

**NEW.**

# Musical Theory

In the Musical Theory activity children will gain deeper theoretical knowledge of music, through activities like musical dictation, auditions, musical reading or rhythm exercises. We offer group sessions for Primary Years 3 to 6, aimed mainly at those students following the program from the Liceu Project, for whom these sessions are compulsory. More information about the collaboration between La Miranda and the Liceu Conservatory can be found on the Liceu Project section of our website.

For Primary Year 6, the schedule is to be determined and will be confirmed by email from music@lamiranda.eu directly to the participants' families.

Moreover, depending on the availability of our teachers it will be possible to organise individual sessions or group sessions for other ages. In case of interest, music@lamiranda.eu must be contacted to confirm available options.

| | | |
|---|---|---|
| **Tuesday** | · 14:00h to 15:00h · | **Primary Year 4** |
| **Wednesday** | · 12:30h to 13:30h · | **Primary Year 3** |
| **Thursday**** | · 14:00h to 15:00h · | **Primary Year 5** |

**Monthly price of the activities* 64€ / 69€**

*Price for 1h weekly lessons with 5 or more participants. For sessions with 5 or more participants but other durations, the monthly fee will be proportional to the duration. For sessions with less than 5 participants, the prices for 1h weekly lessons will be those set out on page 56 (Languages and Tutoring).

**The monthly price for Primary Year 5 and Year 6 will be 69€ (for 1h weekly with 5 or more participants).

* In collaboration with:

CONSERVATORI LICEU

# Instrument Lessons

In individual **piano, guitar, violin, cello, drums, oboe, flute, classical singing, electric guitar, electric bass and modern singing** lessons we will put musical concepts in practice. We will learn to read progressively more complex music scores and to know how to locate the correct sounds, with the right technique, on the instrument. We will discover new kinds of music and repertoires, improve our sound production through exercises on controlling technique and posture and we will understand the qualities of sound and its musical dynamics. All of this will allow us to gain interpretative quality and will grant us the capacity to master more and more complex pieces.

Playing or singing duos and improvisations with our teacher will nudge us toward the production of our own melodies, which will be richer and more beautiful every time. We will also prepare our body and mind for the end of the year performances and the Liceu official exams in the case of all Primary Year 1 and 2 students (more information in the Liceu Project section on our website), and also at later stages for those students who follow the Liceu Project from Primary Year 3 onward.

To request a scheduling proposal please contact music@lamiranda.eu indicating the instrument you are interested in and possible days of the week and times.  Sessions will be individual, although sessions in small groups may be considered in some cases. The availability of other instruments can also be inquired about through this same email address.

Required material: one's own instrument (except for piano, singing and drums) and a music student diary, which has a cost of 10€.

Additional material: depending on the student's level, Liceu books may also be required for these lessons. These books will have a cost of 30€ each.

| | |
|---|---|
| **Piano, Guitar, Violin, Cello, Drums** | **ALL AGES** |
| **Oboe, Flute, Singing, Electric Guitar, Electric Bass** | **Primary, MYP, DP, BACH** |

| | |
|---|---|
| **Monthly price per each weekly half hour** | **97€** |
| **Price for pack of weekly half hour together with one weekly hour of musical theory*** | **133€/137€** |

*Applicable only to 1h weekly leessons of musical theory with 5 or more participants. The 133€ fee is for Primary Years 3-4 students and the 137€ fee is for Primary Years 5-6 students.

**Enrolment fee for those students who participate in the Liceu Project of 50€ for Primary Years 1-2, 236€ for Primary Years 3-5 and 271€ for Primary Year 6. For those students who need to take a placement test at the start of the school year to participate in the Liceu Project, this test will have a cost of 90€.

***For sessions in small groups, the prices mentioned in the "Languages and Tutoring" section (page 56) shall apply.

* In collaboration with:

CONSERVATORI LICEU

# Batucada NEW

Rhythm, movement, and teamwork! Join our new Batucada Group for students from Y1 to Y6!!

Batucada is an energetic musical experience that combines percussion, movement, and teamwork. Participants will learn to play authentic batucada instruments while discovering musical rhythms and styles from different parts of the world, such as Samba, Samba Reggae, Guaguancó, Afro rhythms, and many more.

Through games, creative activities, and group performances, boys and girls will also learn dances, body percussion, and coordinated movements that will bring the music to life.

This activity fosters:

Collective work and listening

Confidence and personal expression

Coordination and physical movement

A sense of rhythm and musical skills

Knowledge of musical cultures and traditions from around the world

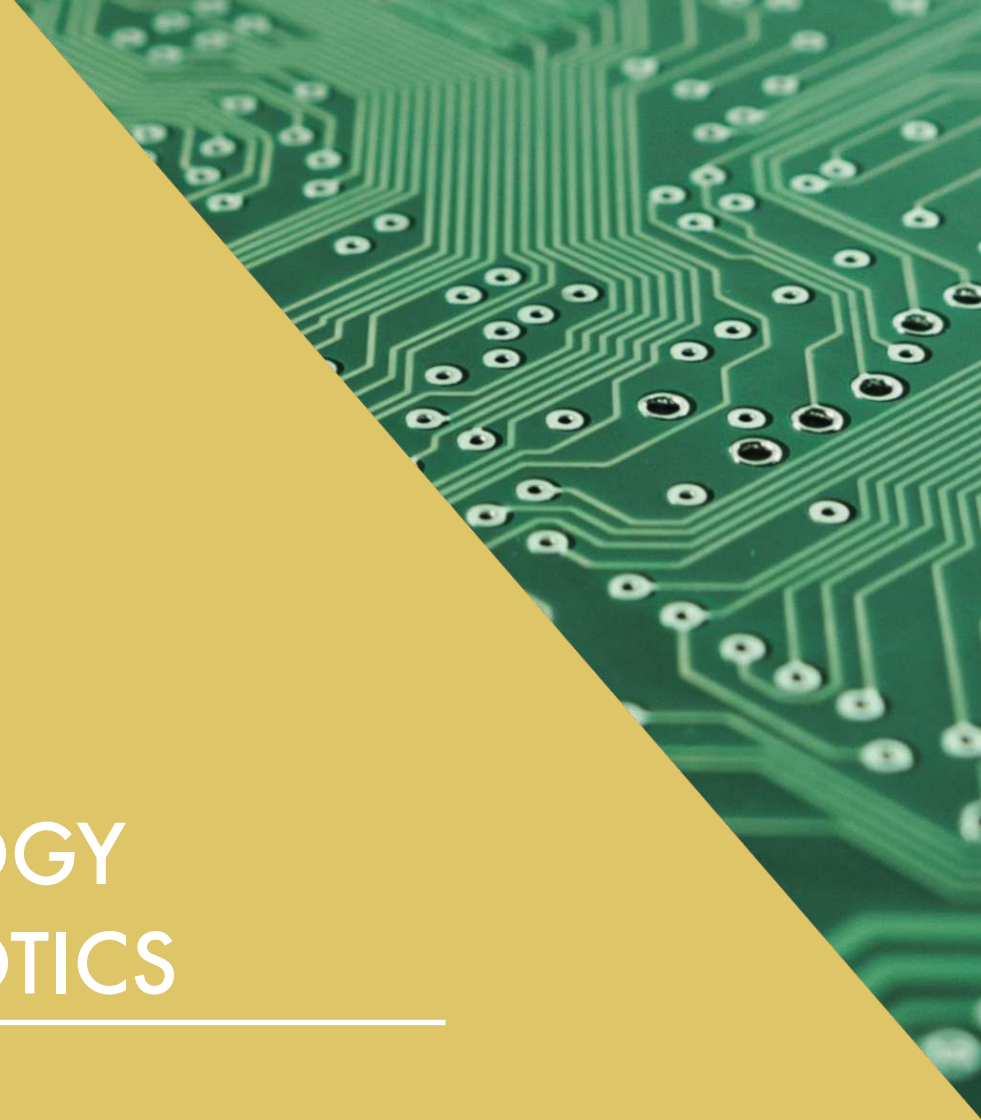
No prior musical experience is necessary; just a desire to have fun and make music as a group.

Come feel the rhythm!

**Monday** · 17:00h a 18:00h · **1r a 6è EP**

**Preu mensual de les activitats 47€***

*Activitat general, més informació a l'apartat de preus de les normes generals (pàgina 04).



# TECHNOLOGY AND ROBOTICS

Mini Tecno, Super Tecno "Programming", Lego Robotics **NEW**, Robo League - WRO **NEW**

# Mini Tecno

Activity aimed at the youngest to get started in technological discovery and solving fun logical challenges, stimulating their curiosity. Learning is structured in three centers of interest with changing dynamics:

LEGO Models
Construction challenges that foster their technical creativity and help them become familiar with several mechanical components.

Floor Robots
Ideal for learning to sequence and exercising their visuo-spatial control by completing different missions individually or in a group.

Computational Thinking
Students will create their own digital stories using colorful programming blocks, choosing characters, settings, and even giving them their own voice!

We reinforce these concepts with exciting games and dynamics (unplugged).

**Monday** · 17:00h to 18:00h · **I3 to I5**

* In collaboration with: IGNITE SERIOUS PLAY

**Monthly price of the activities** **76€**

# Super Tecno “Programming”

**Super Techno Year 1 to 3:** We are looking for inventors with an adventurous spirit! In this activity, participants are part of a team that will have to solve a wide variety of technological challenges by putting their creativity into play. As they progress in their missions, they will incorporate new knowledge and skills, combining the mechanization of robots, the construction of maker elements tailored to their narratives or discovering the fastest route to travel by programming their prototypes.

Whether in outer space, sailing with pirates or designing a smart city with autonomous vehicles, each team will have to devise their own solutions and strategies to reach their goals. Progressively, they will improve the technical level of their prototypes, with more precise control of their speed and orientation, incorporating various sensors to orient themselves. We believe that the best way to train for the future is to build it with your own hands and imagine other possible worlds.

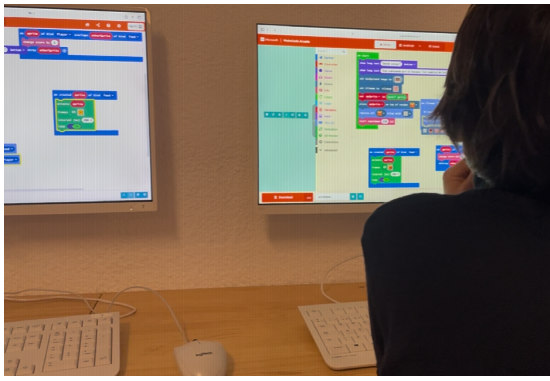
**Super Coders Primary Year 4 to 6:** Programming group in which students are introduced to computational thinking in a fun and creative way, designing and coding their own video games. This extracurricular activity focuses on learning programming and acquiring digital skills to create content and resources that will be part of these games. Our Super Coders will gradually enrich their programming “vocabulary” and become familiar with Artificial Intelligence as they progress in successive years.

In the first part of the course they will work with Make Code Arcade, with which they will develop games that incorporate scenarios, sprites and special effects. They will create games with classic video console aesthetics: Super Mario-style platform games, clickers, mazes of different levels, Angry Birds… During the second half, new programming structures will be explored with Minecraft Education to generate geometries, volumes and work with spatial coordinates.

| | | |
|---|---|---|
| **Monday** | · 17:00h to 18:30h · | **Primary Year 1 to 3** |
| **Wednesday** | · 17:00h to 18:30h · | **Primary Year 4 to 6** |

**Monthly price of the activities** **88€**

* In collaboration with: IGNITE SERIOUS PLAY



# Lego Robotics NEW

**TechnoLab Early Childhood (I4–I5)**
Boys and girls will take their first steps into the world of robotics through games, stories, and challenges tailored to the youngest learners. They will learn by creating their very first prototypes with their own hands, discovering that technology can also be magical. All of this is guided by a specialized mentor trained in the TBKids methodology, who will support them every step of the way.

**Materials:** LEGO® Early Simple Machines, LEGO® BricQ Motion Essential, WhalesBot A3, and Tale-Bot.

¡If you want an activity that sparks the curiosity of the little ones, introduces them to creative technology, and is perfectly designed for their age, TechnoLab Early Childhood is your choice!

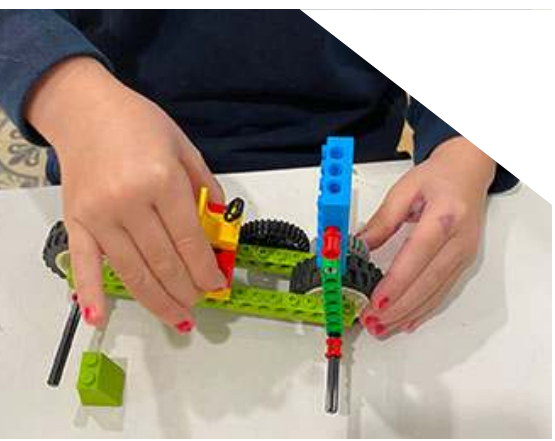
**TechnoLab Primary (1st to 6th grade)**
Building, programming, and solving real-world challenges: that is what Primary students do every week at TechnoLab. Through hands-on robotics projects, they develop creative thinking and logic in an unforgettable way. With mentors trained in the TBKids methodology, every session is a new adventure.

**Materials:** LEGO® WeDo 2.0, WhalesBot D3 Pro, LEGO® BricQ Motion Prime, and others depending on level and age.

¡If you want an activity that combines fun and real learning, develops logic and creativity, and keeps them motivated week after week, TechnoLab Primary is your choice!

| | | |
|---|---|---|
| **Wednesdays** | · 17:00h a 18:00h · | I4 - I5 |
| **Thursdays** | · 17:00h a 18:00h · | RRIMARY |

**Monthly price of the activities** **59€**



* In collaboration with:

# Robot League - Competición WRO NEW

Design, build, and program your own robots to overcome challenges inspired by the World Robot Olympiad (WRO). Through teamwork and real, gamified challenges, participants will develop their creativity, critical thinking, and technological skills.

**What will we work on?**

Advanced construction and mechanics.

Block and text-based programming

Algorithms: sequences, loops, conditionals, variables, and functions

Problem-solving and teamwork.

**Materials:** LEGO® Mindstorms EV3 or LEGO® Spike Prime.

---

**Tuesdays*** · 17:00h a 18:00h · **Primary Year 5 To MYP3**

| Monthly price of the activities | 78€* |
|---|---|

*The activity has an extra cost of €60 for the competition registration fee.

* In collaboration with:

# ACADEMIC ACTIVITIES

Kumon, Languages and Tutoring,
Speech Therapy and Reeducation

# Kumon

The Kumon method encompasses reading and mathematics programs that consist of study sheets developed by experts and organised into levels. Students work at their own pace, acquiring knowledge gradually in a self-taught manner. Difficulty progresses slightly with exercises so our students can advance to more complex content with total confidence. In addition to consolidating their mathematical and linguistic skills, students learn to study on their own and to be consistent in their work. More information, can be obtained by contacting the Kumon teacher in charge of the activity, Beatriz Alday (kumon@lamiranda.eu).

| | | |
|---|---|---|
| **Monday and Wednesday** | · 08:15h to 09:00h · | **PRIMARY to BACCALAUREATE** |
| **Monday to Thursday** | · 12:30h to 14:30h · | **I3 to BACCALAUREATE** |

| **Monthly price of the activities*** | **90€** |
|---|---|

*In addition to annual enrolment fee of 90€

* In collaboration with: KUMON

# Languages and Tutoring

It is possible to organise tutoring sessions on academic subjects (including the school's curricular languages) with the school's teaching staff, as long as they are available. These sessions can take place in reduced groups or individually and the length of the sessions and their weeekly frequency can be adapted to each student's needs. Schedules for these sessions are determined on a case by case basis depending on teacher and student availability. Availability of these sessions is limited and in order to request a schedule and start date proposal it will be necessary to inform the extracurricular coordination team of schedule availability, duration and weekly frequency of the sessions and subjects of interest by filling out this form (see QR below).

| | |
|---|---|
| **1h weekly** | 1 participant: 194€ |
| Preu mensual (€) | 2 participants: 117€ |
| | 3 participants: 105€ |
| | 4 participants: 92€ |
| | 5 or more participants: 79€ |
| **45 minutes weekly** | 1 participant: 146€ |
| Preu mensual (€) | 2 participants: 88€ |
| | 3 participants: 79€ |
| | 4 participants: 69€ |
| | 5 or more participants: 60€ |
| **30 minutes weekly** | 1 participant: 97€ |
| Preu mensual (€) | 2 participants: 59€ |
| | 3 participants: 53€ |
| | 4 participants: 46€ |
| | 5 or more participants: 40€ |

QR code to access the form to request these sessions:

# Speech Therapy and Reeducation

Speech therapy focuses on the prevention and/or intervention of difficulties related to communication, language, speech, voice and swallowing to promote the overall development of the student, enabling them to communicate effectively and participate in the school environment.

Psycho-pedagogical re-education focuses on intervention and support for students who present learning and/or behavioral difficulties that affect their academic performance and school adaptation. Specific strategies and techniques are used to help students develop skills that allow them to improve their school performance.

This service is aimed at meeting requests related to difficulties in: Speech, Voice, Swallowing, Spoken language, Reading and writing, Mathematics, Organization and planning, Study habits, Frustration and impulsivity management and Attention.

Interventions are customized and individualized on a case by case basis. To that end, an initial assessment is done to establish the appropriate objectives and frequency of the sessions

Sessions may be organized both within school hours as well as extracurricularly, as preferred by each family, subject always to remaining availability.

Requests for more information on the service or for an initial assessment should be sent by email to orienta@lamiranda.eu. Only if sessions are not begun after an initial assessment, it will be charged with a price of 25€.

## Monthly price of the activities

| | |
|---|---|
| **1h weekly** | **240€** |
| **30min weekly** | **120€** |
| **2h weekly** | **420€** |

# INFANTS

- AQUATIC ACTIVITIES
- SPORTS SCHOOL
- DANCE AND GYMNASTICS
- WORKSHOPS
- MUSIC SCHOOL
- TECNOLOGY AND ROBOTICS
- ACADEMIC ACTIVITIES

| SCHEDULE | MONDAY |
|---|---|
| 08:00h to 08:50h | |
| 10:45h to 11:30h | SWIMMING I3 - I5 |
| 16:45h to 17:30h | |
| 17:00h to 17:45h | |
| 17:00h to 17:55h | ARTISTIC SWIMMING I5 |
| | SWIMMING I3 - I5 |
| 17:50h to 18:45h | COMPETITIVE SWIMMING I5 |
| 17:00h to 18:00h | FOOTBALL I2 - I5 |
| | |
| 17:15h to 18:15h | |
| 17:00h to 18:30h | |
| 17:00h to 18:00h | CHEERLEADERS I4 - I5 |
| | |
| 17:00h to 18:15h | GIMNÀSTICA RÍTMICA I5 |
| 17:00h to 18:00h | ART I3 - I5 |
| | MUSICAL THEATRE I2- I3 |
| 17:00h to 18:30h | ROBOTICS I3 - I5 |
| 12:30h to 14:30h | KUMON I3 - I5 |

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|
| | | SWIMMING<br>13 - 15 | |
| | | | |
| | | | AQUAFAMILY/SWIMMING<br>10 - 15 / 13 - 15 |
| | AQUAFAMILY<br>10 - 15 | AQUAFAMILY<br>10 - 15 | |
| SWIMMING<br>13 - 15 | SWIMMING<br>12 - 15 | SWIMMING<br>13 - 15 | |
| | | | |
| | COMPETITIVE SWIMMING<br>15 | | |
| BASKETBALL<br>14 - 15 | FOOTBALL<br>12 - 15 | TENNIS<br>14 - 15 | |
| JUDO<br>14 - 15 | TENNIS<br>14 - 15 | JUDO<br>14 - 15 | |
| MULTISPORT<br>14 - 15 | | MULTISPORT<br>12 - 13 | |
| INLINE SKATING<br>15 | | PARTISTIC SKATING<br>15 | |
| | DANCE INITIATION<br>12 -13 | DANSA<br>14 - 15 | |
| | CHEERLEADERS<br>14 - 15 | | |
| | | | |
| | CHESS<br>14 - 15 | HEALTHY COOKING<br>13 - 15 | |
| | | ART<br>13 - 15 | |
| | | MUSICAL THEATRE<br>13 - 15 | |
| | | GARDENING<br>14 - 15 | |
| | LEGO ROBOTICS<br>13 - 15 | | |
| KUMON<br>13 - 15 | KUMON<br>13 - 15 | KUMON<br>13 - 15 | |

# PRIMARY

- AQUATIC ACTIVITIES
- SPORTS SCHOOL
- DANCE AND GYMNASTICS
- WORKSHOPS
- MUSIC SCHOOL
- TECNOLOGY AND ROBOTICS
- ACADEMIC ACTIVITIES

| SCHEDULE | MONDAY |
|---|---|
| 08:00h to 08:50h | |
| 12:00h to 13:00h<br>13:00h to 14:00h | |
| 16:45h to 17:30h<br>17:00h to 17:55h | SWIMMING (+CLUB WAVE) YEAR 1-6 |
| | ARTISTIC SWIMMING YEAR 1-6 |
| 17:50h to 18:45h | COMPETITIVE SWIMMING (+CLUB WAVE) YEAR 1-6 |
| 17:00h to 18:00h | JUDO YEAR 3-6 |
| 17:00h to 18:15h<br>Saturday morning | VOLLEYBALL YEAR 5-6 |
| 17:00h to 18:30h | |
| 17:15h to 18:15h | BASKETBALL YEAR 3 - 6 |
| | FOOTBALL YEAR 1 - 2 |
| 17:30h to 18:30h<br>18:30h to 19:30h | |
| 18:15h to 19:30h<br>Saturday morning | |
| 17:00h to 18:00h<br>17:00h to 18:15h | |
| 17:00h to 18:15h | GIMN. RÍTMICA YEAR 1 - 2 |
| 12:30h to 13:30h<br>14:00h to 15:00h | BATUCADA YEAR 1 - 6 |
| 17:00h to 18:00h | HEALTHY COOKING YEAR 1 - 6 |
| 17:00h to 18:00h<br>17:00h to 18:15h | |
| 17:00h to 18:30h | ART YEAR 1 - 6 |
| 17:00h to 18:30h | ROBOTICS & PROGRAM. YEAR 1 - 3 |
| | |
| 08:15h to 09:00h | KUMON YEAR 1 - 6 |
| 12:30h to 14:30h | KUMON YEAR 1 - 6 |

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|
| | | SWIMMING<br>YEAR 1-6 | |
| SWIMMING<br>YEAR 1-3 | | | SWIMMING<br>YEAR 4-6 |
| SWIMMING<br>(+CLUB WAVE)<br>YEAR 1-6 | SWIMMING<br>(+CLUB WAVE)<br>YEAR 1-6 | SWIMMING<br>(+CLUB WAVE)<br>YEAR 1-6 | SWIMMING<br>(+CLUB WAVE)<br>YEAR 1-6 |
| | | | |
| WATERPOLO<br>(+CLUB WAVE)<br>YEAR 1-6 | NATACIÓN COMPETICIÓN<br>(+CLUB WAVE)<br>YEAR 1-6 | WATERPOLO<br>(CLUB WAVE)<br>YEAR 1-6 | |
| JUDO<br>YEAR 1 - 2 | JUDO<br>YEAR 2 - 3 | TENIS<br>YEAR 1 - 6 | |
| VOLLEYBALL<br>YEAR 3 - 4 | VOLLEYBALL<br>YEAR 5 - 6 | VOLLEYBALL<br>YEAR 3 - 4 | JUDO<br>YEAR 1 - 6 |
| INLINE SKATING<br>YEAR 1 - 6 | FENCING (17h-18h)<br>YEAR 1 - 6 | ARTISTIC SKATING<br>YEAR 1 - 6 | |
| BASKETBALL<br>YEAR 1 - 2 | BASKETBALL<br>YEAR 3 - 6 | BASKETBALL<br>YEAR 1 - 2 | |
| FOOTBALL<br>YEAR 3 - 6 | FOOTBALL<br>YEAR 1 - 2 | FOOTBALL<br>YEAR 3 - 6 | |
| HORSE RIDING<br>YEAR 1 - 6 | | | FOOTBALL COMPETITION<br>YEAR 1 - 6 |
| | | | BASKETBALL COMPETITION<br>YEAR 1 - 6 |
| JAZZ<br>YEAR 1 - 2 | | JAZZ<br>YEAR 1 - 2 | |
| GIMNASTICA ARTÍSTICA<br>YEAR 3 - 6 | | CHEERLEADERS<br>YEAR 1 - 4 | |
| MUSICAL THEORY<br>YEAR 4 | MUSICAL THEORY<br>YEAR 3 | MUSICAL THEORY<br>YEAR 5 | |
| MUSICAL THEATRE<br>YEAR 4 - 6 | MUSICAL THEATRE<br>YEAR 1 - 3 | GARDENING<br>YEAR 1 - 2 | |
| EMOTIONAL INTELLIGENCE<br>YEAR 1 - 3 | CHESS<br>YEAR 1 - 6 | EMOTIONAL INTELLIGENCE<br>YEAR 4 - 6 | |
| | LEADERS<br>YEAR 1 - 6 | ART<br>YEAR 1 - 6 | |
| ROBOTICS & PROGRAM.<br>YEAR 4 - 6 | | ROBOTICS COMPETITION<br>YEAR 5 - 6 | |
| LEGO ROBOTICS<br>YEAR 1 - 6 | | | |
| | KUMON<br>YEAR 1 - 6 | | |
| KUMON<br>YEAR 1 - 6 | KUMON<br>YEAR 1 - 6 | KUMON<br>YEAR 1 - 6 | |

ACTIVITATS AQUÀTIQUES

ESCOLA ESPORTIVA

DANSA I GIMNÀSTICA

WORKSHOPS

ESCOLA DE MÚSICA

TECNOLOGIA I ROBÒTICA

ACTIVITATS ACADÈMIQUES

| SCHEDULE | MONDAY |
|---|---|
| *13:30h to 14:30h* | |
| *17:00h to 17:55h* | **SWIMMING (+CLUB WAVE) MYP - BACH** |
| | |
| *17:50h to 18:45h* | **COMPETITIVE SWIMMING (+CLUB WAVE) MYP** |
| *17:00h to 18:00h* | |
| *17:15h to 18:15h* | **BASKETBALL MYP** |
| *17:30h to 18:30h*<br>*18:30h to 19:30h* | |
| *18:15h to 19:30h*<br>*Dissabte matí* | **VOLLEYBALL MYP 2º - 3º** |
| *18:00h to 19:00h* | **JIU JITSU / JUDO MYP** |
| *Dissabte matí* | |
| *17:00h to 18:15h* | |
| *17:00h to 18:00h* | |
| *17:00h to 18:00h*<br>*17:00h to 18:15h* | |
| *17:00h to 18:30h* | |
| *17:00h to 18:00h* | |
| *17:00h to 18:30h* | |
| *08:15h to 09:00h* | **KUMON MYP - BACH** |
| *12:30h to 14:30h* | **KUMON MYP - BACH** |

# SECONDARY

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|
| SWIMMING<br>MYP | | | |
| SWIMMING<br>(CLUB WAVE)<br>MYP - BACH | SWIMMING<br>(+CLUB WAVE)<br>MYP - BACH | SWIMMING<br>(CLUB WAVE)<br>MYP - BACH | SWIMMING<br>(CLUB WAVE)<br>MYP - BACH |
| | | | |
| WATERPOLO<br>(CLUB WAVE)<br>MYP - BACH | COMPETITIVE SWIMMING<br>(+CLUB WAVE)<br>MYP | WATERPOLO<br>(+CLUB WAVE)<br>MYP - BACH | |
| | | | JUDO<br>MYP |
| FOOTBALL<br>MYP | BASKETBALL<br>MYP | FOOTBALL<br>MYP | |
| | | | FOOTBALL COMPETITION<br>MYP 2 |
| | VOLLEYBALL<br>MYP 2º - 3º | | |
| JUDO / MMA<br>MYP | JIU JITSU / JUDO<br>MYP | JUDO / MMA<br>MYP | JUDO<br>MYP |
| | | | BASKETBALL COMPETITION<br>MYP |
| | | | |
| | | | |
| | | | |
| | | | |
| LEGO COMPETITION<br>MYP 2º - 3º | | | |
| PROGRAMING<br>MYP | | | |
| | KUMON<br>MYP - BACH | | |
| KUMON<br>MYP - BACH | KUMON<br>MYP - BACH | KUMON<br>MYP - BACH | |

- AQUATIC ACTIVITIES
- SPORTS SCHOOL
- DANCE AND GYMNASTICS
- WORKSHOPS
- MUSIC SCHOOL
- TECNOLOGY AND ROBOTICS
- ACADEMIC ACTIVITIES

| SCHEDULE | MONDAY |
| --- | --- |
| *Upon request* | **FREE SWIMMING ADULTS** |
| *16:45h to 18:45h* | |
| *17:00h to 18:15h* | |

# ADULTS

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|
| **FREE SWIMMING ADULTS** | **FREE SWIMMING ADULTS** | **FREE SWIMMING ADULTS** | **FREE SWIMMING ADULTS** |
| | | | |
| | | | |

*This activity will take place once per month. Exact dates will be informed about in advance to participants.

# Discover, Love & Learn.

**An updated digital version of this booklet is available on our website, www.lamiranda.eu (accesible by scanning the above QR code)**

la miranda
THE GLOBAL QUALITY SCHOOL

BEYOND

**La Miranda The Global Quality School**
Carrer del Canigó, 15 08980 Sant Just Desvern
+34 93 371 73 58 – Horario de secretaría: de 9:00 a 17:30
info@lamiranda.eu